

# Year 3 Home Learning

## Topic & science

In Science, we are learning that animals, including humans, need to eat the right amount of the right types of food in order to survive and stay healthy. Tropical rainforests are home to tribal peoples who rely on their surroundings for all or their food and medicine. Find out about the different kinds of food that are available to people who live in the Rainforest. Organise your foods into categories according to what they provide to the body: **protein, carbohydrate, fat, vitamins and minerals**. You could also include a category for plants that are used as **medicine**. Present your findings in a poster or a power-point presentation.

Time: Up to an hour with some adult support.

## Proper Project

This half-term, we will be enjoying Healthy Living Week at Coleridge.

Create a 5 minute, equipment-free exercise programme for your class to take place in either the playground or the hall.

Your programme could include exercises like: running, jogging, star jumps, twisting, changing direction, stretching, burpees etc.

Write down your programme, including diagrams to explain to others how to complete it. Practise leading your programme so that you are ready to teach the class and your teacher.

**Time—up to 1 hour. No adult**

## Create 'n Make

Rainbow Eucalyptus trees can be found in the rainforests of Mindanao, which is in the Philippines. They have beautiful, colourful bark.

Can you look up Rainbow Eucalyptus trees on the internet or in a book? Now can you create a picture of one. You could use crayons, pastels, paints or anything else you can think of. Try to be as creative as possible!



## R.E

The Muslim festival, Ramadan, takes place between the 26th May—24th June this year. What can you find out about this festival?

Giving to charity is an important part of Ramadan. Have a think about ways that you could give to charity. Perhaps you and some of your friends could sell paintings or make cakes? Can you think of any other ideas? Try to come up with one simple thing that you could do to help a charity.

## Let's talk...

Do you think poetry is important? What are the benefits of learning poetry in school? Do you think it's useful to learn some poems by heart?

Discuss these issues with an adult at home.

## Out and about...

Go out to a local park or green space. Make a list of all of the different species of plants and animals that you can see and do some sketches of them. With permission, collect some samples of leaves and flowers and press them inside a heavy book at home. Can you look them up on the internet to find out more about them?