



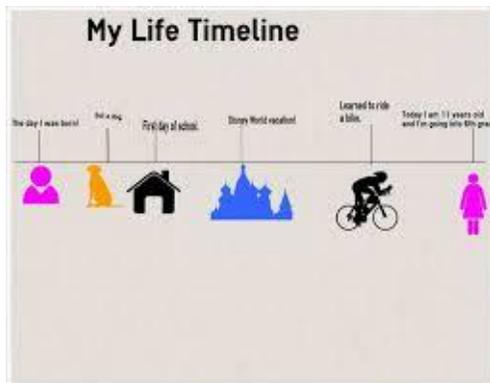
Year 1

Remote Learning

Wider Curriculum

History

Talk to your family about important events that have happened in your lifetime and in that of your family. Create a time line showing some of these events. These could include your birth, siblings births, moving house, starting school, getting a pet, riding a bike, going on holiday etc.



Science

Now we are in Spring, you may have noticed that it is getting lighter in the evenings. It may even be light when you go to bed at night! Watch this clip to find out why:

<https://www.bbc.co.uk/bitesize/topics/z8c9q6f/articles/zmhw7p3>

It's really simple to use the sun's position in the sky to tell the time. Sundials were used to tell the time before there were clocks and watches, the Ancient Egyptians made the very first one!

Make your own sundial using a paper plate and a straw or pencil. Be sure to position the sundial with the "12" pointing north (use a compass on a smartphone or a real one if you have it).



At different times of the day, check what number the shadow falls on, compare this with a clock or watch, does it say the same time?

The sun rises higher in the sky during the summer and has a lower height in winter. What effect does this have on shadows? Use a torch in place of the sun, use your fingers or make a shadow puppet, this clip shows you how:

<https://www.youtube.com/watch?v=Kz8wP2RYy64>

Try to make your puppet's shadow longer and shorter using your torch.



Keeping Active

Try these Disney inspired 10 minute activities, fun for the whole family:

<https://www.nhs.uk/10-minute-shake-up/shake-ups>

Joe Wicks, The Body Coach, is running a **PE lesson (workout) every morning** at 9am Monday to Friday. What better way to start the day? The workouts will be live on his YouTube Channel - click this link:

<https://www.youtube.com/thebodycoachtv>

Play hopscotch. You can easily make the boxes using chalk outside in your garden or front path, or by using masking tape indoors. Keep making your boxes bigger and bigger to make your jumps bigger



Art and Design

Here are two different things you can make with sticks!

Make a God's Eye



This is a simple weaving technique, which originally comes from Latin/South America, where they are known as Ojo de Dios. They are thought to bring good luck and long life and are fun to make! You will need:

- 2 smallish sticks (pencils or lolly sticks will also work)
- Some wool or string.

Then click on the YouTube link here to watch a demo:

<https://www.youtube.com/watch?v=6mnnNhzHQjI>

Make a Stick Person

Collect sticks of different sizes. You may be able to find a stick with y shape for the legs. Then tie a second stick around the middle for the arms. Dress your stick person and add some googly eyes. You could even make a whole stick family!



Interesting things to listen to this week:

The UK's childrens radio station:
<https://www.funkidslive.com/#>

Free audio stories by David Walliams:
<https://www.worldofdavidwalliams.com/elevenses/>

Everything Under The Sun. A weekly podcast answering all the questions that children have about life on earth:
<https://www.mollyoldfield.com/podcast>

Interesting things to watch this week:

Watch the animals at Edinburgh zoo on a live webcam:
<https://www.edinburghzoo.org.uk/webcams/panda-cam/>

Take a virtual tour of Buckingham Palace:
<https://www.royal.uk/virtual-tours-buckingham-palace>

Fun art activities:
<https://www.tate.org.uk/kids>

BBC bitesize extended learning platform. Beginning Monday 20th April, BBC Bitesize will publish daily online lessons for all ages. There will also be a dedicated TV channel full of learning content:
<https://www.bbc.co.uk/bitesize>