

# Coleridge Primary School Spring/Summer 2022 - Week 1

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Three Cheese Pasta Bake, served with Mixed Salad	Chicken Curry served with Rice and Rainbow Coleslaw	Savoury Minced Beef in a Yorkshire Pudding served with Roast Potatoes and Seasonal Vegetables	BBQ Chicken Thighs served with Flavoured Rice and Sweetcorn	MSC Battered Fish Fillet, with a Lemon Wedge, Tartare Sauce served with Oven Chips & Garden Peas
Option 2	Tomato and Lentil Wholemeal Pasta Bake, served with Mixed Salad	Vegetable & Chick Pea Curry served with Rainbow Coleslaw	Mature Cheddar Cheese, Leek & Cherry Tomato Tart served with Seasonal Vegetables	Smokey Bean Casserole served with Flavoured Rice and Sweetcorn	Spinach & Feta Cheese Omelette served with Oven Chips & Garden Peas
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or R/S Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or R/S Fruit Crumble & Custard	Freshly Cut Fruit or Organic Fruit Yoghurt or Soft Scoop Ice Cream

W/C - 25th April, 16th May, 13th June, 4th July, 29th August, 19th September and 10th October

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Available Daily..  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**  
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# Coleridge Primary School Spring/Summer 2022 - Week 2

## Option 1

## Option 2

## Dessert

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mozzarella, Tomato & Basil Pizza served with Crushed New Potatoes and Caramelised Sweetcorn	Chicken and Pesto Pasta served with Homemade Garlic Bread and Mixed Salad	Roast Chicken Thigh Provencal ( <i>tomato and herb sauce</i> ) served with Pasta, Broccoli and Carrots	Ashlyns Beef Burger served with New Potatoes and Garden Peas	Breaded Pollock Fish Fingers served with Chips and Baked Beans
Option 2	Fiesta Pizza. served with Crushed New Potatoes and Caramelised Sweetcorn	Wholemeal Pesto Pasta & Cannelloni Beans served with Homemade Garlic Bread and Mixed Salad	Roast Quorn Fillet Provencal ( <i>tomato and herb sauce</i> ) served with Pasta, Broccoli and Carrots	Meat Free Burger served with New Potatoes and Garden Peas	Cheese and Potato Whirl served with Chips and Baked Beans
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or R/S Iced Lemon & Orange Sponge	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt

W/C - 2nd May, 23rd May, 20th June, 11th July, 5th September, 26th September and 17th October

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Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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# Coleridge Primary School Spring/Summer 2022 - Week 3

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese and Vegetable Stack Wrap served with a pasta Salad & Mixed Salad	Baked Pasta Shells with a Beef and Tomato Sauce served with a Carrot and Pea Medley	Sticky Chicken Thigh served with Vegetable Fried Rice and Spring Greens	Ashlyns Chicken Sausage served with Herby Diced Potatoes and Baked Beans	Omega 3 Breaded Fish Fingers, Lemon Wedge, served with Oven Chips & Sweetcorn
Option 2	Jacket Potato with a variety of fillings including - Baked Beans, Grated Cheese or Vegetable Chilli all served with a Mixed Salad	Sweet Tomato, Lentil and Pepper Pasta served with Pea and Carrot Medley	Sticky Quorn Fillet served with Vegetable Fried Rice and Spring Greens	Meat Free Sausage served with Herby Diced Potatoes and Baked Beans	Courgette & Tomato Wholemeal Quiche served with Oven Chips and Sweetcorn
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or R/S Sultana Sponge and Custard	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly and Cream	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt

W/C - 9th May, 6th June, 27th June, 18th July, 12th September and 3rd October

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Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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