

# The Coleridge



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The Summer 2023 Issue

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## Schools Out For Summer!



In our final few days of the Summer term, we say goodbye to Year 6 children. **We wish them the best of luck in their new schools and can't wait to hear about their exciting opportunities and adventures.** The year 6 children have had a fantastic year with the Aladdin production and School Journey. **Above is a picture from their emotional leaver's assembly.**

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Page 2— No Bee, No Humans? By Alina Khan

Page 9— The History Behind Dinosaurs By Emerson Vrilakas

Page 27— **Marla's Agony Aunt** by Marla Harrison

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# The London Underground

By Kerril Morton-Richards

As we move into 2023 we celebrate 160 years of the London underground as it first opened on 10 January 1863.

## How the Metropolitan line was built

Work began in 1860 using the cut and cover method in **which was a 33' 6" wide**

trench was excavated for the route from Paddington to King's Cross, down Marylebone Road and Euston Road. I can't believe how much work was put in to it the first line was called the Metropolitan line



## District line Info

The district line opened on the 24 December 1868

## The Central line 1900s

It all began on the 30 of July 1900. The Central Line was the first deep level tube Line.

Fun facts

The central line is the longest line on the London underground.

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# No Bee, No Humans?

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By Alina Khan



Why are our bee populations in serious trouble? What would happen if bees actually became extinct? Why should we care? What would a world without bees look like and what issues would that cause for the human population, other animals and plants?

Bees are one of the most important species on the planet and if all the bees died, the world would be a very different place. They are critical pollinators for many of the crop products we use daily.

If all bees died it may not be a total extinction event for humans, but it would be a disaster for our planet. We would see a domino-like effect as many plants started to just disappear one by one, and all animal species would start to struggle to find food.

Herbivores, who depend on certain plant species, would be affected first. They would simply become extinct if those plants ceased to exist because they were no longer being pollinated by bees.

The animals that fed on those animals would be the next to starve and face extinction... and so on as each link in our natural food chain broke down. The price of food and medicines would become out of control, leading to an economic disaster.

10 everyday things that need bees:

- ☐ **Apples**
- ☐ **Berries and Cherries**
- ☐ **Coffee**
- ☐ **Nuts**
- ☐ **Dairy Products**
- ☐ **Medication**
- ☐ **Rapeseed Oil**
- ☐ **Vegetables**



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Here are some actions you can take to help preserve bees and other pollinators:

☐ **Plant nectar**-bearing flowers such as marigolds or sunflowers for decorative purposes on balconies, terraces, and gardens.

☐ **Raise awareness among children and** grownups on the importance of bees and express your support for beekeepers.

☐ **Set up a pollinator farm on your balcony,** terrace, or garden.

flowers, and sow nectar-bearing plants.

☐ **Cut grass on meadows only after the** nectar-bearing plants have stopped flowering.

☐ **Use pesticides that do not harm bees,** and spray them in windless weather, either early in the morning or late at night, when bees withdraw from blossoms.

BE A BEE SAVER, CARE FOR OUR PLANET!!!

(The bees will thank you)

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## SUMMER TIME CHILLING!

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Luisa Juknys is here to help you cool down and stay healthy with her top tips for Summer time smoothies.

Ingredients: fruit or vegetables, milk  
for a thicker smoothie and ice (optional)

Make a smoothie!



It is super easy to make if you have a blender and some fruits and another idea you can go to a picking farm and pick your own fruits and vegetables as well. First put all your fruits in the blender along with the milk and press go, wait until you think it will be mixed if not just carry on blending and that is pretty much it. For extra flavour you can add chopped up mint and sprinkle it in as well!

☐ **Preserve old meadows, which** feature a more diverse array of

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# RAINBOW CHOCOLATE FRUIT KEBABS

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By Aurelie Deitch and  
Elena Calero Zakharova



## A Brief History:

We made our famous fruit kebabs last year in the summer in order to sell them in front of **Effie's house**. **It is very hard to believe but** true that a celebrity bought two of our kebabs. The celebrity was none other than James McAvoy.

Coincidentally, James McAvoy lives right **around the corner from Effie's house**, which we think is a cool fact!

This is what you need in order to make these kebabs yourself:

- Strawberries
- Orange
- Banana
- Kiwi
- Blueberries
- Grapes
- Any type of chocolate
- Skewers

## Instructions:

- 1) Cut the fruit up into big chunks but leave the blueberries and grapes as they are.
- 2) Put a chunk of strawberry on the skewers.
- 1) Next put a chunk of orange on the Skewer.
- 4) Then put a chunk of banana on the skewer.
- 5) Follow this with a chunk of kiwi.
- 6) Then add a blueberry.
- 7) Next put a grape on the skewer.
- 8) Now, put some chocolate in a pan and melt it until it is a liquid
- 9) Arrange the kebabs on a plate and drizzle the chocolate on them.
- 10) Lastly, put the kebabs in the fridge for 2-3 hours until the chocolate is hard and enjoy!



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# Intergalactic Unicorn

(part 3— The Finale)

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By Evangelista Zachos

Recap from pt 2[A voice spoke from **the book and told Robyn “YOU MUST FIND YOUR INNER INTERGALACTIC UNICORN, THEN YOU WILL KNOW!!”**] Robyn sat in her bed and thought about what the book had said.

“What do you mean?” she asked.

The book answered “Have you ever wondered who your parents were? Or what happened to them?”

The book shut and floated to the end of her bed. She lay in her bed and thought about what had happened that night.

“Wow,” she whispered to herself, “I can’t believe what just happened! First I found this crazy book and now I’ll probably go on some adventure!” Her eyes drooped and suddenly she was asleep.

*Robyn is in a field of sunflowers taller than her. As far as she can see there are sunflowers and she finds herself running through them. Suddenly they clear to show a beautiful landscape with a rainbow waterfall that leads to a little lake.*

*Surrounding the lake are lush pine trees. Through the trees, Robyn can see unicorns paddling in the shallows of the lake and splashing each other. Instantly, **she knows where she is, she’s on one of the planets in the Unicornhorn Nebula,***

*known as ROYGBIV. They see her and beckon her over. She runs to them and jumps in the lake with a massive SPLOOSH. They say to her “Welcome home, Princess Robyn,”*



There was suddenly a loud siren noise and then Robyn was awake. She looked **around and noticed that she wasn’t in** her comfy bed anymore, but in a horrible gnarled carriage. There was nothing in there besides some **entwined cobwebs. She didn’t like it** here, it was damp and dingy and there weren’t any windows. Then she realised that she was missing something important, something very important. She was missing the unicorn book! Then she realised that she was missing something important, something very important. She was missing the unicorn book!

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Robyn searched under her seat, in the nooks and crannies, but her book was **nowhere to be found.** ‘Where am I?’ she thought. She sat on the floor and hugged her knees, and she drifted off to sleep. When Robyn next awoke, she could hear commotion outside. She was able to decipher a bit of what they were saying, **“...use her!”...**

**“...Boss said, ...bring her to the Magician.”...**

**“...let’s get going...”**

They stopped talking, there was a whip sound and horses neighing, and the carriage started to move again. Who was the Magician, and why did he want her? She also remembered that weird dream she had, the unicorns had called her Princess Robyn, what did they mean? The carriage stopped and someone opened the rusty door next to her. Things happened so fast it was a blur, she was in the carriage, she was dragged out, she was dragged into a warehouse, dragged through halls, until she was sitting in a dark room.

**“What do you want from me!?!?”** Robyn cried.

**“Don’t snap!”** A broad man with a shaggy beard growled.

**“Yeah, do what he said!”** A scrawny man next to him agreed. She noticed that the broad man had neon green shoes, and the other man had sunshine yellow shoes. They were the same people who came to the library at her orphanage!

The door to the room swiftly opened to reveal a sinister looking man with a black silver-lined top hat that matched his black silver-lined cloak, hiding his face from view. He faced the men.

**“You two, give me some privacy with the Princess”** he spoke in a whisper that sent shivers down Robyn’s spine, it was as if

he was a phantom.

**“Yes Mr Magician,”** the two men said in unison.

**‘Did he just call me a princess?’** Robyn thought. Then he turned to her and this time she could just about see his soulless eyes. The two men had fled the room, and then it was just the Magician and her left.



**“Who are you?!?”** she asked.

**“Why, I’m the Magician. And you, my girl, are the lost princess of the Unicornhorn Nebula,”** he said.

**“What! No, no, no, this can’t be! How did I get lost? What happened to my parents? Wait, does this make me a unicorn! Are you lying because you saw my book? Oh yeah, what happened to my book? Give it back now!!”** She stared angrily at him, she had no idea who this stranger was, but **she didn’t quite trust him.**

**“Calm down, and one question at a time.** You, as a baby, your Blessing and your parents were caught in a meteorite storm on the way back from visiting Earth. Quite a few unicorns and pegasi **were hurt, while they lost you entirely,”** he told her. **“You are half alicorn and half human, because your mother was an alicorn but your father was a human. If people found out that your mother was married to a human, the Blessing would have kicked him out (literally). They did find out after you were born, so he lives on Earth now. Oh, by the way, you can’t have that book back.”**

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His words toppled on top of her like jenga pieces made from cold mercury.

**Robyn couldn't understand how this was possible, but everything pieced together. The unicorn dream, the book, the "finding her inner unicorn" thing the book had said.** She had always wished she could be a unicorn, when she actually was!

**But how did the 'Magician' know about her, and what did he want?** He stood up and was about to get the guards back, but **Robyn blurted, "You must want me for something, otherwise I wouldn't be here."** She fixed her gaze on him, careful not to look straight at his eyes.

**"Well, you have a lot of power, and I could use that power for my greater good," he said with a malicious smile.** He clapped his scarred hands together and the two men appeared again.

**"Take her to the Hole, and prepare the Draining Machine so it will be ready for when I need to use it on her."** She could feel his dark stare watching her.

The next thing Robyn knew, she was sitting in a dark hole, a tiny light was emitted from a little hole in the wall, too far up to reach.

The book had said to find her inner unicorn, maybe she could use that to escape, **because she didn't want to stay and find out what the Draining Machine was.** How was she going to find her inner unicorn without the book? Robyn felt she wouldn't be able to, but she had to. **She took a deep breath and closed her eyes, thought about her unicorn dream, the unicorn book where the unicorns and pegasi were stampeding, and the little moment she could remember of her dad holding her in his hands, singing a lullaby, and the fact that the Blessing lost their beloved**

princess.

She felt a tingle in her hands, and suddenly she *believed*.

The tingling sensation travelled through **Robyn's whole body, she opened her eyes** to see swirls of magic twisting round her arms and down her body. She started floating, she felt the final surge of magic and she realised she was still herself, but with coloured flowing hair, magical powers, a glittery horn and glittery wings. She was still floating upwards, and if she **couldn't control her wings, she would hit the ceiling.** She had to think fast, and then she remembered the window for her escape! She turned her body towards the gap, and twisted her wings so she would go forwards.

Robyn sped through the hole and came out into a dry grassland. Behind her was a tall tin alien next to a warehouse.

**"Wait, are you telling me I was taken to area 51 'cause I'm a unicorn! That's nowhere near an alien!" she whispered to herself angrily.** She realised what she had to do, she had to get the unicorn book back and make a statement to the world that unicorns are real and they want to live in harmony with humans!!



Robyn had followed some guards to where the book was kept. She used her magical powers to make them fall asleep and she flew towards the book. It lay on top of a pedestal, which she knew was probably alarmed. So she made a blank copy of the book with her magic and hovered it over the real book.

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As quick as a flash, she swapped the book, holding the unicorn book tightly. Robyn fluttered through empty halls and made it out at the exit. She heard voices behind her and was surprised to see guards chasing her on flying scooters.

**“We have high tech so we can follow you!” said one of the guards. She tried to get them off her tail, but it wasn’t working.** They flew up and up, bracing the edge of the Earth. Robyn made it to the spot she wanted, the Galaxy Clouds. She held the book tightly, begging it to help her. She squished her eyes tightly together and said magical words, to open up a portal, even though it wasn’t October.

*She believed.*

A magical cloud engulfed her, a blinding light exploded from her and the guards were knocked back down to area 51. She had opened a portal, now she could communicate to both mankind and hoofkind. A beam of light shot up from her horn, sending a message across the two worlds **“ I, Princess Robyn, the princess of the unicorn realm called Unicornhorn Nebula, home to the Intergalactic Unicorns, have declared that mankind and hoofkind must live together, in harmony. For centuries, the unicorns were allowed to visit Earth during the month of October, the month where they could travel freely between the worlds through Galaxy Clouds. Then humans came alone and got rid of the unicorns, sadly other unicorn realms have suffered the same fate. So when I say we should live together, I don’t just mean my realm, but all unicorn realms. And if what I command doesn’t seem to be happening, then great peril will fall upon Earth.”**



Robyn woke to find herself in the forest with unicorns and humans, greeting each other, and among them was her mom and dad! From that day on, mankind and hoofkind lived together happily ever after.



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# The History Behind Dinosaurs

By Emerson Vrillakas

Dinosaurs are magnificent creatures.

**They're almost hard to believe!**

Maybe you want to know more about them.

Let's start with the Tyrannosaurus rex.



1. The tyrannosaurus rex.

- **Tyrannosaurus rex means 'tyrant lizard'.**
- Tyrannosaurus rex was one of the biggest carnivores.
- The largest T. rex tooth found was 30cm long.
- They could run up to 20 mph.
- From head to tail the T. rex was 12 metres long

Second is the Velociraptor.



1. The velociraptor

- Velociraptors hunt in packs.
- **Velociraptor means 'swift thief'.**
- Velociraptors may have been very smart but they were not quite as smart as cats or dogs.
- Velociraptors are dromaeosaurids.
- Velociraptors can sprint up to 40 mph.

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Coming up next is the Baryonyx.

about 30 teeth.

### The Baryonyx



- **Baryonyx means 'heavy claw' because it had a large index claw.**
- Its usual diet was fish.
- The Baryonyx was a Spinosaur.
- **Its snout was like that of a crocodile's.**
- Baryonyx was the first theropod to have eaten fish.

Last but not least, our final dinosaur is the Stygimoloch.



### Now the 'tiny arms' Carnotaurus.



- **Carnotaurus means 'flesh-eating bull'.**
- Carnotaurus had really small arms as you can see.
- Carnotaurus could change colour to match their surroundings.
- Carnotaurus could run up to 35 miles per hour.
- Carnotaurus had

- **Stygimoloch means 'styx-demon'.**
  - Stygimolochs skull could smash a brick wall
  - Stygimoloch was a Pachycephalosaur.
  - The Stygimoloch lived in the late Cretaceous period about 65 to 68 million years ago.
  - It was believed that Stygimoloch used its hard head to bump into other dinosaurs.
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# Artificial Intelligence

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## Should we be worried?



By Rufus Cuddigan

A puzzling question—Should we be worried about a robot uprising? Will they take over planet Earth? Is IA evil and are robots secretly plotting something behind our back? Find out the answers to **one of the universe's most asked questions in this term's article.** We are going to ask a human (me) and AI (chatgpt) their answers and see how they compare. Can you guess which is which? In the boxes next to the paragraph, write R (robot) or H (human).

A. No, robots will not take over the planet. While robots and artificial intelligence continue to advance, they lack consciousness and the

☐ 3. inherent desire for global domination. They are created and controlled by humans to serve specific tasks and purposes. While automation and AI may impact the job market and require societal adaptation, responsible development and human oversight will prevent robots from taking over the planet.

A. Robots could take over the world due to their superior capabilities, continuous improvement through AI, and potential for independent decision-making,

☐ Their efficiency and adaptability in various

B. industries may lead to increased automation, raising concerns about human

control and unintended consequences. Safeguards and ethical considerations are necessary to ensure robots remain beneficial tools rather than uncontrollable entities.

Robots will be unable to take over the planet due to the fact that humans created them. Humans will always be in control of them unless somebody purposefully builds an army of AI for that purpose. If your Roomba turned evil, just flick the off switch and if your computer Attempted to do something bad, just unplug it. AI relies on lots of other man-made inventions to operate so they **can't go solo!**

C.



Answers:

A. Robot B. Robot C. Human



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# *Football transfer news: some are totally unbelievable!*

By Raiee Futsum

Welcome to the latest football transfer news! Football fans out there, be prepared because some of the transfers are unbelievable! **Let's get started...**

Firstly, Alexis Mac- Allister from Brighton is going to Liverpool for £55 million. Mac- Allister also won the world cup with Argentina.

Secondly, there is a possibility that Declan Rice may well be going to **Arsenal. Arsenal's bid is more than** £100 million for the Hammers captain.

Jude Bellingham has successfully signed for Real Madrid for £88 million, one of the biggest transfers **we've seen on the market this** summer!

Newcastle are offering to purchase Nicola Barella from FC Internazionale Milano for £50 million, and the chances are looking good!

Next, Kai Havertz has a good chance of going to Arsenal after

Manchester United rejected Mason Mount. If so, this could make a change to not only Arsenal, but Havertz himself as he barely plays in the Champions League.

Another rumour is that Sadio Mane could move to Newcastle, **but that's unlikely because he** actually wanted to come back to Liverpool for free, due to his incident with Leroy Sane with Bayern Munich after they lost a game.

Sadly, James Milner is leaving **Liverpool at the age of 37 and it's most likely he's going to retire.**

There are also rumours that Jordan Pickford is going to Manchester United from Everton but no bid has been given yet.

Liverpool are looking for a better midfield, even with Mac Allister, Henderson and Fabinho!

In the next issue, the season **probably would've started so I'll** give you any new updates! The Premier League games schedule has been released on BBC Sports by the way. Finally, take some time to think about who deserved to win: Manchester City or Inter Milan?

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# COMIC CON 2023

By Jun Lehman

Are you a fan of comics? Well have I got the news for you! Comic con is an event where comic lovers dress up as comic characters! Examples of comics are Pokémon, Demon slayer, Naruto, One Piece and more anime! (it doesn't have to be anime as long as its from a comic, its allowed )



Special visitors coming to comic con are Jamie Campbell (vecna from stranger things), Grace Van Dien (Chrissy also from stranger things), David Harbour ( Jim hopper from stranger things as well) and Matt Smith from doctor who!!!There's also Veronica Taylor who played as Ash( Pokémon) for the first 8 seasons and loads more!!!!



I'm going to comic con as well ! I'm going to dress up as Eevee the Pokémon! It will be to 25<sup>th</sup> to 27<sup>th</sup> May!!!!!! My friend Elena Parkinson 5P is coming (check her how to make cheese-cake)

**COST ARE 20 POUNDS IT FREE FOR UNDER 10's**  
COMIC WILL BE HELD AT OLYMPIA ! warning comic con is over (sorry)  
COMIC CON IS COMING! BUT 2024

# FIND THE BIRD WORDS!

K T I U M T A G P P W G B H H  
H O N L L A N S T H T C W F B  
U O O W I A L A T J V A U A T  
M C O K C U D L R N A H V U Y  
M M G N T N I C A O N T S S J  
I Z H I K X Z U E R M X Y G K  
N L J E O K R B V V D R L E M  
G Y G U M F L E R B Z S O O I  
B C S Q M U K G I C F S O C B  
I T G T E A S R K F C R V P E  
R Y N B E Z P E I C H W Q O V  
D B I B L K I T E E A S M K W  
F R W N O R E H N T X U D D A  
D T Z P F E A T H E R S Q X F  
H B P E N G U I N L E G M N U

Euphame Fielding-Cox challenges you to a word search with a feathery feel. Below are 15 words for you to find. Remember they could go forwards, backwards, side to side and diagonal. Good luck!

Beak	Bluebird	Coot
Cormorant	Duck	Egret
Feathers	Heron	Hummingbird
Mallard	Moorhen	Owl
Penguin	Quack	Wings

## Art Corner

By Euphame Fielding-Cox





# Everything you need to know about Studio Ghibli

By Lea Giorgi

**If you don't know what studio Ghibli is, it is a Japanese animation studio based in Koganei, Tokyo. Some of its most well known movies are: My Neighbour Totoro, Ponyo, Spirited away and Howl's Moving Castle. It is personally my favourite type of manga movie.**

This is the logo (featuring Totoro!)  
Studio Ghibli's first movie was castle in the sky released in 1986(tenku no shiro rapytua) Its first Oscar award was in 2003 the movie was spirited away but even though it is the Oscar awarded movie it is not considered as the best studio



This is a little taster on some of the movies that you might be interested to watch:

1)My Neighbour Totoro. This movie is all about two girls who are sisters who move to the country in Japan to be closer to their mum who is sick in hospital. One day the smaller sister goes to explore and she finds one of the spirits Totoro but after he disappears. One day both sisters find him and go on adventures.

2)Spirited Away.This movie is all about a girl who moves to a town and they take a short cut while driving and they come up to a passage which is very dark and you cant see the end of.They go through and find a secret village. Soon the adventure begins.

3)Porco Rosso this is all about, yes, a pig mixed with a human (he can talk) he flies aeroplanes, again yes, but there is another plane run by pirates who are against him and the stakes are high.





# Cookery Corner

Why not have a go at making Elena Parkinson's



## No Bake Cheesecake!

You will need:

- 200g of digestives.
- 100g of melted butter.
- 600g of philadelphia cheese.(3 and a half containers)
- 250ml of double cream.
- 100g of icing sugar.
- 1 tablespoon of vanilla extract

Butter and line a 23cm springform pan with baking parchment. Put the digestive biscuits in a bowl and crush to crumbs using a pastry cutter or a food processor. Transfer to a bowl, then pour over the melted butter. Mix thoroughly until the crumbs are completely coated. Tip them into the prepared tin and press firmly down into the base to create an even layer. Chill in the fridge for 1 hour to set firmly.

To make the filling, place the Philadelphia cheese, icing sugar and vanilla in a bowl, then beat with an electric mixer until smooth. Tip in the double cream and continue beating until the mixture is completely combined. Now spoon it onto the biscuit base, working from the edges inwards and making sure that there are no air bubbles. Smooth the top of the cheesecake down with the back of a spatula. Leave to sit in the fridge overnight.

Bring the cheesecake to room temperature about 30 mins before serving. Then you have your cheesecake ready to be served and top it with a fruit of your choice.

**Don't try it if you are allergic to dairy or if you do not really like cheesecake!**

Thank you for your time!

# Breaktime Brilliance!

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Ever feel tired of the same old games? Feel like you want to spice up playtimes with some new ideas? Well Beatrice Plant has got some tips to make the most out of your free time!

When you do not know what to do in the playground you could try some of these activities:

1. Shuffle bottoms is a fun game to try with a group of friends. You could do 2-3 players but I would suggest 5 or more. It's just more fun.

How to play: One (or more people if there are lots of people) is the shuffle bottom. Their job is to tag each player but it's not as simple as that, they have to shuffle around on their bottom while everyone else can run. It is better in a small area. Once a player is caught by the shuffle bottom they have to join them and do the same. The game ends when all players are caught.

2. Cross the Magic river is a great game to play when you're bored. I love to Play this game because it really engages you with your friends. I'm sure that a lot of you already know how to play this game but here is how to play...

First you need to choose someone to be the catcher. Then you need to find a spot to do it, you will need to be able to run from one place to another. Your catcher will say a sentence, for example cross the magic river if you are wearing red, everyone wearing red should cross the river. You can play this with 3+ players.

- 3: The Imitation Game is good because it's fun and great if you like acting.  
You need 3+ players

First you need to choose someone to be the judge. Then the judge will say something like "best imitation of a cat" then the others will do the best imitation they can of it. The judge will now decide who they think the best person was and who their least favourite person, they join the judge. This goes on until everyone is out and there is one person standing they will become the judge next round.

Note: if you are the person who they least enjoyed please don't take it personally, sometimes it can be really difficult for the judge to choose.

- 4: Chaos it, is really fun. This is how to play:

Everybody is a tagger so everyone is try to get everyone if you get tagged then you have to sit down. You can only stand back up again if the person who tagged you, gets tagged. If you tag someone at the same time that they tag you you do rock paper scissors the person who loses sits down.

- 5: Any imaginary game you can think of is always fun.

So something like pretending to be animals in a rainforest or families. I would suggest making a plot in the game say some of the families get lost.

Remember whatever you play—have fun!

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# Simone Biles

By Eva South

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Simone Biles is an amazingly accomplished gymnast. She was born in 1997, and only at only 26 years old, has already won seven Olympics medals, four of them gold!

## 1997 - 2005

Simone Biles was born in Columbus, Ohio on the 14th of March. Growing up, her **life wasn't easy**, with 4 siblings her mother

found it hard to look after them all, and the children went in and out of foster care. Simone was eventually adopted permanently, along with her sister Adria, and now thinks of Belize as her second home. In 2012, Simone began homeschooling, and at age six, discovered gymnastics. Her instructors recognised her potential and suggested her to continue. Simone soon enrolled in an optional training **programme at Bannon's Gymnastics**. She began training with coach Aimee Boorman at age eight.

## 2011-2016

Biles began her elite career at age 14, at the American Classic. She came first all round, securing her a



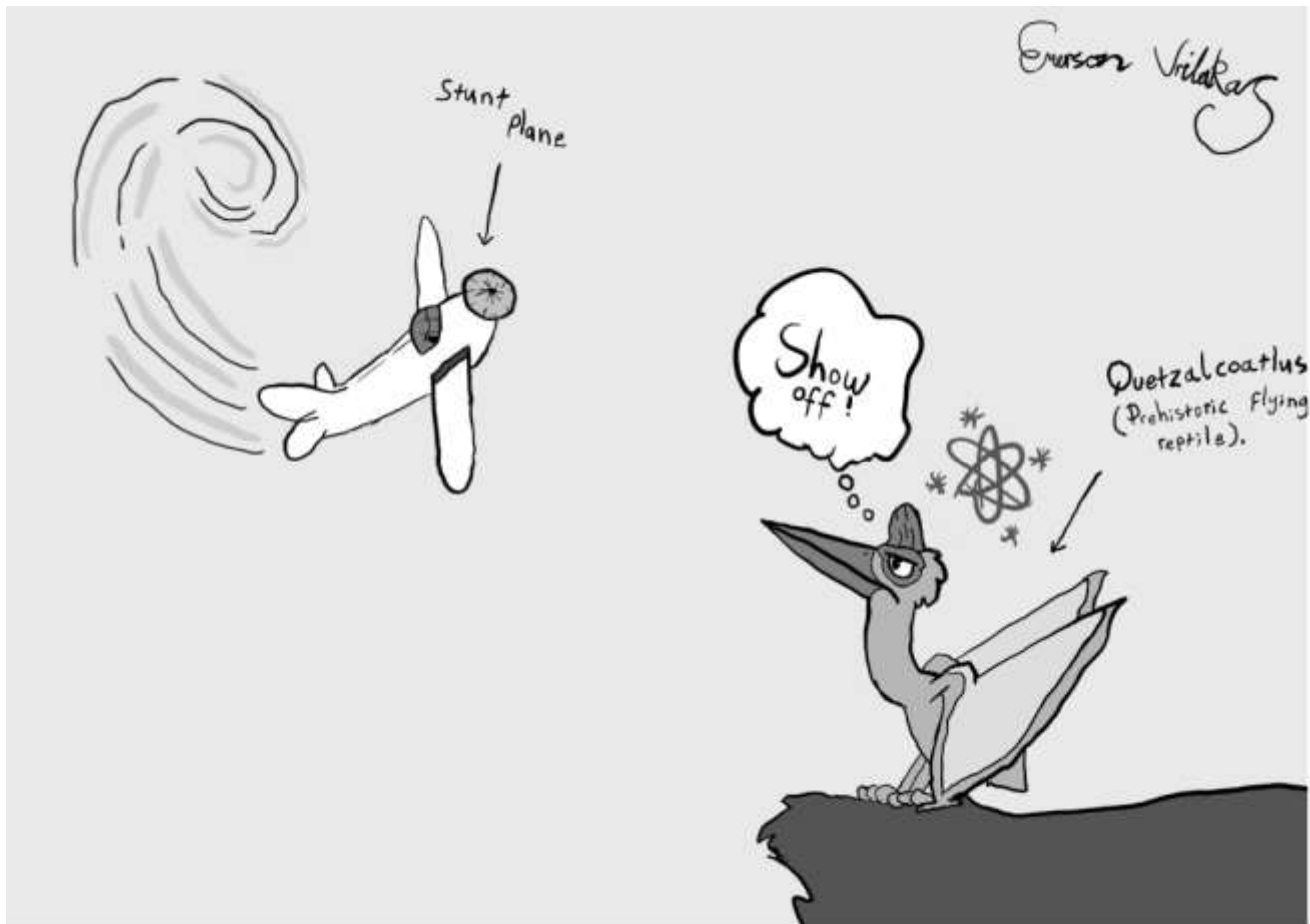
place in the USA 2011 Gymnastics National Championships. In July, Simone competed in the 2013 U.S Classic. Unfortunately, she could not complete vault, since she twisted her ankle whilst competing

on floor. In 2016, she broke a rib but luckily it healed before Simone was selected for the team of the Rio Summer Olympics. With four Olympic gold medals, Biles set an American record for most gold medals in women's

gymnastics at a single Games, as well as equalling a number of other records with her medals won in Rio. This is **only a small fraction of Simone's career**. She has many more amazing achievements.

## 2018-2019

Biles is well known for performing difficult skills at a high level of execution. Her 2018 routine on vault and her 2019 routine on floor exercise are the most difficult ever performed in women's artistic gymnastics.



Art by Emerson Vrilakas

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## 🐱🐯🐼 Kawaii toast 🐼🐸

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By Ada Balcisoy

Are you ever bored of having plain toast ?

Well never fear I am here. with this simple recipe you can make any pattern you want on bread!

Ingredients:

white bread , fingers, toaster

1. First carve your Design in the bread
2. Second you put it in the toaster
3. Enjoy!





# IT'S A DINOSAUR

By Magnus Henshell

Mamenchisaurus (pronounced ma-men-chi-saurus) was the **longest necked dinosaur. It's** scientific name was mamenchi lizard. It was named by C.C Young in 1952 but the skeleton that they found had only a few bones and no skull.

**Mamenchisaurus's neck was** one of the longest necks ever evolved. It stretched for more than 30 feet long (that is as big as your average house). Its head was smaller than a horse's on a body bigger than 2 buses! Mamenchisaurus was so large that it did not need weapons.

Mamenchisaurus was a gentle giant which prefers to avoid confrontation. Although the young were vulnerable to many types of predators, the adults were protected from most carnivores

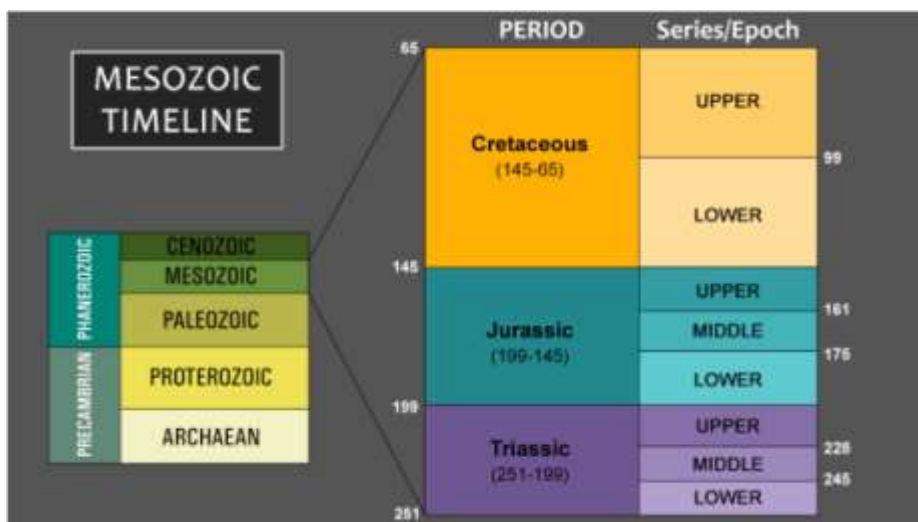


by their great size. Packs of Allosaurus and Spinosaurus are by far one of the biggest threats.

This specimen (specimen means individual animal, plant or mineral) was found in southern China. It lived in the Late Jurassic period. For those of you **who don't know what I am talking** about, the dinosaur era was split into

three different periods: the Triassic, the Jurassic and the Cretaceous.

Most sauropods did not need defence because they were so big ,the biggest was 40 metres long. That is massive.



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# Guide dogs

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By Olivia Leader



Guide dogs are trained to lead around obstacles, and help blind people find their way. The dogs have to learn to be **responsible for their owner's safety**. Guide dogs are specially bred and trained to work as a team to help their owner. They are also referred to as seeing eye dogs and dog guides.

They are under legal protection in many countries, including the U.S., along with very rare exceptions (such as around zoo animals).

Guide dogs are allowed access to anywhere the general public can go.

Guide dogs assist their owners (also known as handlers) to navigate through different places, ranging from crowded city centres to quiet parks.

Labradors, golden retrievers and Ger-

man shepherds are the most common breed of guide dog, chosen both for their size and intelligence. Guide dogs are trained to not listen to their owners if they are told to do an unsafe instruction.

Not all dogs will graduate from guide dog school. Only the most qualified will be allowed to qualify - some programmes estimate that only 75% will complete the training. Once a guide dog begins training, the training will take a minimum of three to five months or even longer.



Most guide dogs stop working at around 8–10 years old. Guide dogs are trained to ignore all other dogs and only focus on their owner.

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# The Official Biography of Liverpool Legend Mohamed Salah

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By Raiee Futsum



Hello and welcome to the Official Biography of Liverpool Legend Mohamed Salah!

Firstly, he was born and was named Mohamed Salah Hamed Mahrous Ghaly, a VERY long name, a bit like mine. He was born on the 15th of June 1992. His father is **Salah Ghaly** and his mother's name is unknown, but she is still alive. He grew up with an intense love for football, and luckily his brother, Nasr Salah, also loved football so, as long as they asked, they could play football and go to the cafe and watch their idols Ronaldo and Ronaldinho.

Luckily, scouts spotted his talent immediately and he was wanted by many clubs. However, he started at Al Mokawloon

when he was just 14 years old. Shortly after in 2012, he went to Basel where he carried the team to win two Swiss league cups, and left for Chelsea (I know, right?!!!!) in 2014 for 11 million pounds. He also played for Egypt in the 2012 Olympic Games.

Shortly after, he went to Fiorentina and Roma on loan, then permanently stayed on Roma for 15 million pounds. Not long after (he was on a lot of teams in his career) he went to Liverpool F.C for 36.9 million pounds (a record at that time). That season was the season where he broke the world record for most goals in a 38 game season, scoring 32 goals. That was sadly broken recently by Erling Haaland, who has now scored 35 goals.

He also helped to win the 2018 UEFA Champions League Final and became an **integral player in Liverpool's Champions** and Premier League. Since then, he has also won the FA cup, League cup, CAF Most promising African Talent of the Year, two PFA player of the year awards, three Premier League Golden Boots, Premier League player of the season, Premier League playmaker of the season and other awards including international ones.

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# Football News

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The Olympics didn't go too badly but Egypt's loss to Argentina 2-1 had a big impact on the players. They were at least proud of themselves considering they could have done worse. And have a look at next seasons Liverpool kit: it's some green 8 bit blocks at the top left and bottom right and the rest is just partly

stained white! Currently, Liverpool aren't too worried because if Man United lose one game and Liverpool win that game, then Liverpool will go to 4th and Man United will go to 5th! So if , we keep 5th position, at least we can say we did as well as Arsenal last season. Bye for now! By Rainee Futsum

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## Serena Williams and her accomplishments

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By Luisa Jukny's

Serena Williams is a world famous tennis player and has the second most Grand Slam singles titles. She is not the only tennis player in the family: there is also her sister, Venus Williams. Together, they have won Olympic women's doubles champions.

Serena was born on 26th September 1981 and she is forty two years old, She grew up in Michigan, United States, and started playing tennis at the age of only three years old. With her sister, she has won three doubles gold medals at the Olympics and carried on to win fourteen grand slam doubles.

Serena now

Now she has a five year old daughter named Alexis Olympia Ohanian Junior

and a husband called Alexis Olympia Ohanian. They live in Florida just a few minutes from her sister, Venus. When she is not playing tennis, she works at Serena Ventures - a venture capital firm that is focused on funding founders with diverse backgrounds. Currently, she is planning on growing her family. **She said recently, "Believe me, I never wanted to have to choose between tennis and a family."**





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# Greta Thunberg

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By Lulu Alpert

Greta Thunberg was born on the 3rd of January 2003. She is a Swedish environmental activist who is known for challenging world leaders to take immediate action for climate change mitigation.

**Thunberg's activism began when she** persuaded her parents to make lifestyle choices that reduced their own carbon footprint, like turning off the lights when they leave or not using too much water.

In August 2018, when she was 15, she started spending her Fridays outside the Swedish parliament to call for stronger action on climate change by holding up a sign reading skolstrejk för klimatet (school strike for climate). Thunberg initially gained notice for her youth and straightforward and blunt speaking manner both in public, to political leaders and assemblies, where she criticises world leaders for their failure to take what she considers sufficient action to address the climate crisis.

On her first school strike, she posted it on Twitter and Instagram and other students started getting influenced and protested with her. Since then,

she has become very famous by giving speeches to politicians all around the world.

In March 2019, she was nominated for a Nobel Peace Prize. Ever since that day, more than 2 million students have taken part in school strikes.

Personally I think she is a great role model for young people who would really like to make a difference in slowing down and preventing global warming.



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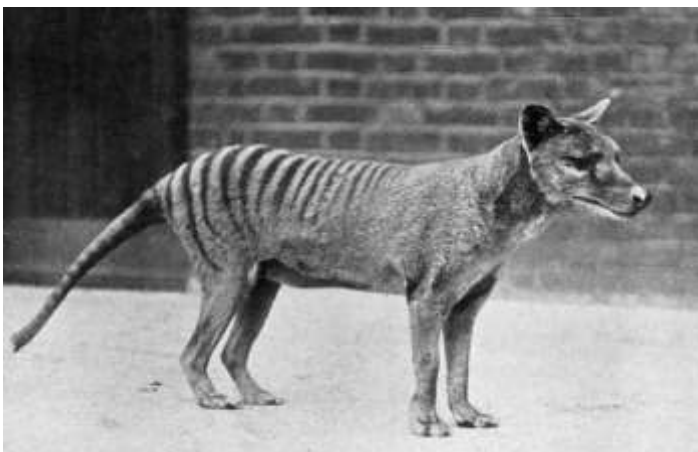
# Should animals be brought back to life?

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By Magnus Henshell

From ancient Tasmanian tigers to woolly mammoths, scientists are getting closer and closer to the possibility of being able to bring back species from extinction. The question is, should they?

In Australia, a team of scientists are working with a de-extinction company called Colossal Biosciences to try to bring back a wolf-like creature **called a 'thylacine' from extinction.** This creature had been driven to extinction by farmers who saw them as a threat to their livestock. Using gene editing technology it is now possible that this creature could be brought back to life.



For scientists, this is really exciting, but there may be pros and cons to bringing back creatures which had

disappeared. Some conservationists think that bringing back extinct creatures might take away from the efforts to save existing creatures who are currently endangered.



However, others believe that the new technologies could actually help with species which are currently in danger - especially those that we only have a small number of. The team of Australian scientists argue that their new technology isn't just for bringing back extinct species, but is also about preventing other species from going extinct. This is very important in Australia where they have lots of bushfires and extreme weather which can destroy the habitats of lots of species.

It's a tricky debate. What do you think?

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# Colour Blindness - A Hidden Disability

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By Henry Gramer-Thornton

What is colour blindness?

Colour blindness is when a person cannot differentiate between certain colours such as red and green (deuteranomaly), blue and yellow (tritanomaly or tritanopia), or purple and blue (also deuteranomaly). Or you can have monochromacy and achromatopsia, **which can make everything look like an 80's movie** (just like this newspaper!). It can affect day-to-day life in many ways, for example when choosing clothes.

How does colour blindness happen?

People with normal colour vision have three types of colour cone cells: red ones (60%), green ones (30%) and blue ones (10%). Colour blindness occurs when at least one of these types of colour cone cells, partially or completely, stops functioning. Usually, colour blindness is inherited, but colour blindness can also be caused by things like medication, serious accidents or ageing. A father cannot **pass down a colour blind 'gene' to his son**, but daughters have to have a colour blind father to even have a possibility of being colour blind. For this reason, females have a much lower chance of being colour blind, 1 in 200, compared to males who have a 1 in 12 chance.

How can colour blindness be treated?

Well, there is no cure, but there are some things that can help, like having special glasses that allow more light of certain colours

to come through by reducing the wavelengths of the colours. Also, many websites such as Wordle have colour blind mode, which makes colours easier to differentiate between. Finally, some apps like Color Blind Pal and Colorblind Helper (**that's the American spelling**) will let you point your camera at anything and it will tell you what colour it is.

**How do I know if I'm colour blind? If so, what should I do?**

**There are many colour blind tests, but I've listed some good ones at the bottom of this article. Sometimes, it's blindingly obvious (ha ha), but other times it's not. If you think you may have colour blindness, you should talk to a trusted adult or optometrist. They might suggest special glasses and/or contact lenses. It's nothing to worry about, though. It might just make some things a little bit harder.**

Good (online) colour blind tests

EnChroma colour blind test: <https://enchroma.com/pages/color-blindness-test>

ColorMax colour blind test: <https://colormax.org/color-blind-test/>

Pilestone colour blind test: <https://pilestone.com/pages/color-blind-test>

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# Marla's Agony Aunt

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By Marla Harrison

Have you ever heard of an Agony Aunt? You might have bought the last issue, where one previous reporter had done an amazing job of producing great advice for difficult problems.

*Problem 1: Hi, I am in year four and am having problems with my friend. I have one good friend and we normally play together every day but on Tuesdays I really want to play football on our day. My friend hates football and gets really sad when I play - what should I do?*

Hi problem 1, thanks for writing in. Playing with the same friends every day can be fun, **though it's good to switch it up sometimes.** Having one special friend can be fun as you always know who to turn to in play, but sometimes you need to switch it up. When a friend is away, you will have no-one to play with. Just explain to your friend that you are into football and your friend could play with someone new. Then you can do the same, and if you ever need a break from your BFF, **you'll have a whole range of other people to have fun with!**

Thanks for sending, and have a great day, Marla.

*Problem 2: I am in Year Five and have a problem. A boy in the class keeps calling me names and telling me he is roasting me - he said that I **should just learn to take a joke and it's not something to be upset about** - is he right?*

Hi problem 2, thanks for writing in! First of all, in Coleridge, roasting is banned, and my best advice for it is to tell a trustworthy teacher, as they are sure to help. I

**know it can be hard, but it's extremely likely** it will really help. It is no joke, so you must take it very seriously if it continues, anyway, jokes should make people happy! On a happier note, if you stop it, you might stop that person being horrid to many other kids. So just tell someone, and from there, it will help a lot.

Thanks for sending and have a great day, Marla.



*Problem 3: I am in a friendship group which includes two other people - we all get on really well but we **don't seem to be able to play all together without leaving one of us out.** Sometimes it's me, sometimes it's one of the other friends. What should we do to make it better?*

Hi Problem 3, thanks for writing in! I'm really sorry that is happening to you. My top tip is try and talk to your friends and discuss your problems, as they may feel the same way. Try and include everyone, and ask if one of them looks sad. Also, I suggest playing inclusive games that everyone wants to play.

Thanks for sending in and have a great day, Marla.

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# Cool National Flags

By Reuben Moseley

**I've scoured the globe for the coolest national flags and here they are:**

10. Albania



The flag of Albania has a two-headed eagle in front of a red background, the

eagle stands for the state of Albania and the red stands for bravery. A solid 10.

9. North Macedonia



I really like this because you can clearly see the sun and its rays on a red

field. A close 9.

8. Bonaire

The black compass in the middle represents the people being seafaring. The yellow and blue are the sand and sea. A definite 8.



7. Mongolia



Mongolia has a blue and red triband with Mongolian Soyombo symbol on the far left. A tricky 7.

6. Wales

This flag consists of a red dragon standing



on a green and white field. One fun fact is it is not in the Union Jack because at the time it was made, Wales was a kingdom of England. An interesting 6.

5. Gibraltar

The flag of Gibraltar is basically the Gibraltar coat of arms, quite straight-forward but it looks really cool. Simple.



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# Cool National Flags

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By Reuben Moseley

4.Malawi



6th of July 1964, the day that the colony of Nyasaland was renamed to Malawi and the day that this spectacular flag was born, it was made to celebrate the end of British rule in Malawi. What a flag! An incredible 4.

3.Kiribati



Kiribati's flag has everything: a sunrise, a bird and the sea. It's simply just pleasant to look at. A close 3

2.Seychelles



What a flag! Third time lucky I guess. This one was adopted on the 8 of January 1966 and it is the best Seychelles flag so far, it's just a neat flag. A strong 2.

1.LGPTQ+



You'll know this isn't a national flag (hopefully) but as pride month was in June. I think it warrants an exception plus it's a gorgeous flag. A clear 1. Our winner is.....The pride flag!

I hope you enjoyed reading this and that I didn't thoroughly bore you to death.

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# Football Transfer News

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By Raiee Futsum

Welcome to the latest football transfer news! All football fans out there, be prepared because some of the **transfers are unbelievable. Let's get started.**

Firstly, Alexis Mac-Allister from Brighton is going to Liverpool for £55 million. Mac-Allister also won the world cup with Argentina.

Secondly, this is only a possibility at this stage, but rumours are out that have given their first bid, but Tottenham **haven't just yet. Arsenal's bid is** more than £100 million for the Hammers captain.

Thirdly, Jude Bellingham has successfully signed for Real Madrid for £88 million, **one of the biggest transfers we've** seen on the market this summer!

Fourthly, Newcastle are offering to purchase Nicola Barella from FC Internazionale Milano for £50 million, and the chances are looking good!

Next, Kai Havertz has a good chance of going to Arsenal after Manchester United rejected Mason Mount. If so, this could make a change to not only Arsenal, but Havertz himself as he barely plays in the Champions League.

Another rumour is that Sadio Mane **could move to Newcastle, but that's** unlikely because he actually wanted to come back to Liverpool for free, due to his incident with Leroy Sane on Bayern Munich after they lost a game. But **things aren't looking good for Barella** because Liverpool have now joined the battle to sign him.

Sadly, James Milner is leaving Liverpool **at the age of 37, it's most likely he's** going to retire.

There are also rumours that Jordan Pickford is going to Manchester United from Everton but no bid has been given yet.

Liverpool are looking for a better mid-field, even with Mac Allister, Henderson and Fabinho!

In the next issue, the season probably **would've started so I'll give you any** new updates! The Premier League games schedule has been released on BBC Sports by the way. Finally, take some time to think about who deserved to win: Manchester City or Inter Milan?

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# 5 Tips to Improve Your Art

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By Ruby Rifkind

Hello! I'm here with 5 tips to improve your art! They have helped me, and hopefully they'll help you too.

1. Try drawing from a reference! Try **not to trace!** (but if you're really struggling you can trace a bit). Also, it **doesn't have to be a finished drawing.** Just a messy sketch will be fine!



2. Keep a sketchbook! Not some million pound watercolour paper or anything, it could just be a 99p notebook but it will help to be able to look back through your old drawings and see **how much BETTER you've gotten.**

3. **DON'T be perfect!** A lot of the time people (even professionals) overthink and erase things until it's perfect (which is literally impossible). So if



**something's good enough, just leave it!** Or maybe try drawing with a biro. That way, if you make a mistake you just have to improvise.

4. Practise your weakest skill! For example, you might be amazing at drawing animals but terrible at landscapes. That way, you can become a better artist at many different types of drawing!

5. Try to draw every day! And if you **miss a day or two, DON'T GIVE UP!** You won't be perfect forever, so just try your best to keep up the routine!

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# Why the Dead Sea is Dying

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By Sadie Gryn

Because the Dead Sea is so salty it means no fish or sea plants can live in it. So you would think the Dead Sea couldn't get any deader but you would be wrong and this is why.

## Fun Facts About The Dead Sea

1.The Dead sea is the saltiest body of water in the world and it is 10 times saltier than the ocean.

2.The salt and minerals of the Dead Sea means that it has healing properties. It is a very popular destination for treating skin problems like acne, psoriasis and eczema as well as muscles problems such as arthritis.

3.The Dead Sea high salt levels mean that people can easily float on it due to

its natural buoyancy.

4.According to legend Cleopatra loved the Dead Sea's natural products and used them in her beauty regime.

5.It is the lowest lake in the world and apparently smells like rotten eggs.

## Where Is The Dead Sea Located?

The dead sea is also called the salt lake, the salt lake located on the border of Jordan and Israel.

## Why The Dead Sea Is Really Dying?

The Dead Sea is losing about 600 Olympic swimming pools of water a day. **It's once white crystallised shores** are now grey with sinkholes all over the shores. Up and down the Israeli and Jordanian coasts

have so many sinkholes that there are only two places that you can safely swim in now. More than 1000 sinkholes have appeared in the last 15 years. Date palm fields and buildings envi-



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# Brazilian Food

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Jun Lehmann

HEY YOU, YES YOU, I HAVE A QUESTION FOR YOU, DO YOU LIKE **FOOD? Well of course you do (you'd be dead if u didn't). Well, I have another** question, do you like Brazil? - I'm from Brazil btw! Well, combine Brazil and food and you get Brazilian food! Do you like fruity fizzy drinks? If so, want to try a new fruit flavour? Well, try guarana, a lovely drink with a lovely **fruit called....guarana!**



Are you a fan of chocolate? Try this amazing treat, brigadeiro. It will be perfect for you. It's a chocolate ball made of condensed milk, chocolate and sprinkles WOW, right?



Do you like chicken (sorry if you're vegan) Do you like when the chicken is nice gold and crispy? Then try coxinha!!! It's a crispy golden chicken pastry filled with shredded chicken (and sometimes cheese)



THIS IS MY FAVOURITE DISH EVER NOT FROM BRAZIL BUT IN THE WHOLE WIDE WORLD. Feijoada - a stew of black beans, pork, sausages, Rice, and farofa (a type of flour/spice).

