

WEEK 1

W/C 15/04/24, 06/05/24,  
03/06/24, 24/06/24, 15/07/24

# MENU

## Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Macaroni and Cheese  
**(Mu,Mk,G)**

Mild Chicken Curry

Roast Chicken with Sage and Onion Stuffing and Gravy  
**(G)**

Sweet and Sour Stir Fry Chicken  
**(So,G)**

Fish Fingers  
**(F,G)**

### Veggie

MEAT FREE

Macaroni and Cheese  
**(Mu,Mk,G)**

Mild Vegetable Curry

Butternut Squash, Leek and Onion Wellington  
**(Mk,E,G)**

Sweet and Sour Stir Fry Quorn with Julienne Vegetables  
**(So,E,G)**

Cheese, Pea and Spinach Quiche  
**(Mk,E,G)**

### veg

EXTRA GOOD

Chefs Seasonal Salad

Sweetcorn Broccoli

Roasted Carrots Steamed Cabbage

Steamed Cauliflower Sautee Green Beans

Garden Peas Baked Beans

### Carbs

FUEL FOOD

Garlic Bread  
**(G, So, Mk)**

Braised Rice

Roast Potatoes

Steamed Noodles  
**(E,G)**

Oven Baked Chips

### Dessert

SOMETHING SWEET

Yoghurt **(So, Mk)** or Jelly

Pineapple Upside Down Cake  
**(Su,So,Mk,E,G)**

Yoghurt **(So, Mk)** or Jelly

Banana Cake  
**(E,G)**

Yoghurt **(So, Mk)** or Jelly

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

## Orange

APRIL  
23rd - St George's Day

## Yellow

MAY  
16th - Outer Space Day  
23rd - National Biscuit Day

## Green

JUNE  
18th - Teddy Bears' Picnic

## Purple

JULY  
4th - World Chocolate Day  
The Olympics

### ALLERGENS

Ce = Celery  
Cr = Crustacean  
E = Eggs

F = Fish  
G = Cereals containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluses

Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide



WEEK 2

W/C 22/04/24, 13/05/24,  
10/06/24, 01/07/24, 22/07/24

# MENU

## Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Tomato and Basil Pasta  
(G)

Mild Beef Chilli Con Carne

Roast Turkey Cranberry Sauce and Gravy

Halal Pepperoni Pizza  
(Mk,E,G)

Battered Fish  
(E, Mk F,G)

### Veggie

MEAT FREE

Tomato and Basil Pasta  
(G)

Mild Vegetable Chilli Con Carne  
(So)

Vegetable Sausage Rolls  
(E,G)

Margarita Pizza  
(Mk,E,G)

Mixed Bean and Vegetable Burrito  
(Mu,Mk,G)

### veg

EXTRA GOOD

Green Beans  
Baby Carrots

Steamed Broccoli  
Sweetcorn

Steamed Cabbage  
Roasted Parsnips

Classic Coleslaw  
(Su,Mu,Mk,E)

Baked Beans  
Peas

### Carbs

FUEL FOOD

Garlic and Rosemary Focaccia  
(G)

Savoury Rice

Roasted New Potatoes

Oven Baked Potato Wedges

Oven Baked Chips

### Dessert

SOMETHING SWEET

Yoghurt (So, Mk)  
or  
Jelly

Flapjack  
(G)

Yoghurt (So, Mk)  
or  
Jelly

Lemon Drizzle Cake  
(Mk,E,G)

Vanilla Ice Cream  
(So, Mk)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

## Orange

APRIL  
23rd - St George's Day

## Yellow

May  
16th - Outer Space Day  
23rd - National Biscuit Day

## Green

June  
18th - Teddy Bears' Picnic

## Purple

JULY  
4th - World Chocolate Day  
The Olympics

### ALLERGENS

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WEEK 3

W/C 29/04/24, 20/05/24,  
17/06/24, 08/07/24

# MENU

## Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

### Mains

HAPPY TUMS

Nut Free Pesto Pasta  
(G)

Chicken Sausage with  
Onion Gravy  
(Su, G)

BBQ Chicken Thigh  
(Ce, G, So, Su)

Beef Burger in a Bun  
(Se, G)

Fish Fingers  
(F, G)

### Orange

APRIL  
23rd - St George's Day

### Veggie

MEAT FREE

Tomato and  
Basil Pasta  
(G)

Veggie Sausage with  
Gravy  
(G, Su, So)

Savoury Veggie  
Mince Casserole  
with Root  
Vegetables  
(So, Ce)

Veggie Burger in a Bun  
(Se, G, E)

Leek and  
Cheddar Frittata  
(Mk, E)

### Yellow

MAY  
16th - Outer Space Day  
23rd - National Biscuit Day

### veg

EXTRA GOOD

Sweetcorn  
Green Beans

Broccoli

Braised Cabbage  
Carrots

Coleslaw  
(Mu, Mk, E)

Baked Beans  
Cut Green Beans

### Green

JUNE  
18th - Teddy Bears' Picnic

### Carbs

FUEL FOOD

Garlic Bread  
(G, So)

Mashed Potato  
(Mk)

Braised Rice

Roast New Potatoes

Oven Baked Chips

### Dessert

SOMETHING SWEET

Yoghurt (So, Mk)  
or  
Jelly

Dorset Apple Cake  
(Mk, E, G)

Yoghurt (So, Mk)  
or  
Jelly

Baked Jam Sponge with  
Custard  
(So, Mk, E, G)

Yoghurt (So, Mk)  
or  
Jelly

### Purple

JULY  
4th - World Chocolate Day  
The Olympics

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

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