

# The Coleridge



## Supporting the Food Bank



**By Raiee Futsum and Meilun Pan**

*Food Bank Aid* is an organisation which sources, collects and sorts donations of food, toiletries and essential household goods and distributes them to food banks in Barnet, Brent, Camden, Enfield, Haringey, Harrow, Herts and Islington which, in turn, help approximately 20,000 people including 5000 children every week. Coleridge families support *Food Bank Aid* by donating food and raising money for this charity.

It supports many disadvantaged families who cannot afford to buy their food in a supermarket. Coleridge has donated to *Food Bank Aid* since the 29th of March 2021. In fact, all money raised by selling 'The Coleridge' is always donated to *Food Bank Aid* and as thanks, we were able to go and be a part of a promotional video. We would like to share our experience with you.

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We were invited to go to their food bank in Finchley. Inside the food bank, there were crates and crates of goods, but they weren't just filled with food. There were nappies, baby formula, deodorant, toothbrushes and even hairbrushes.



*Raiee and Meilun helping sort donations*

To help make the promotional video, all the schools who were invited to be a part of the video (these included Southbank and Highgate school), were assigned numbers 1 to 6 and whenever they needed us, they called our number. In between recording, we decorated paper plates to help raise awareness of the organisation. At first, we felt a bit uncomfortable being recorded and it felt like the camera was staring at us when we had to look and talk into it but once we got used to it, we had great fun.

The Food Bank Aid is an amazing organisation. It gives out 5 million pounds worth of items every week to 30 food banks. It supports 20,000 people every week, including 5,000 children. There is so much the Food Bank Aid do, and it is incredible to think that it all started with a garage by only one woman called Naomi Russell.



*Meilun interviewing Naomi Russell, the founder of Food Bank Aid*

Coleridge is so proud to support and donate towards Food Bank Aid because it helps so many people and makes a huge difference to **people's lives.**

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# JUMP ROPE

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By Livia Belkin

## So what is jump rope?

Jump rope, better known as

skipping, is a sport where you swing a rope over your head and it passes under your feet continuously.

## History

Jump rope dates back to ancient civilizations. It started over 500 years ago in China. The Chinese rope makers invented it as part of their New Year's celebrations. The Egyptians also did it by using vines to jump over to help athletes train.

## How To Jump Rope

There are many different ways to jump rope. Jump rope can improve your health a lot, like improving your balance and making your bones stronger.

Here are some jump rope techniques you can try. All you need is a jump/skipping rope!

**Basic bounce** is the main one. The correct form is to hold your wrists close to your body at hip height and to keep your elbows pointing behind you. Try to jump only 1-3 inches off the floor. It is really hard at first but it will get easier as long as you practise!



**Heel taps** are tapping your heel on the floor whilst jumping in between.

**Doubles** are similar to the basic bounce but you swing the rope twice but only jump once.

**Crossovers** are basically the basic bounce with the addition of crossing your arms at your waist when you jump.



A **swing** is when you put one of your hands over the other hand sideways, a bit like a crossover but sideways and smaller.

**Straddle jump** is when you put one foot to the side and the other foot to the other side like straddle in gymnastics but standing up.



**Forward straddle jump** is exactly the same but forwards.

## Remember these things:

The best jump rope you can use is a beaded jump rope because the beads weigh it down to make it slower and easier for tricks. It costs around £25 and can take a little getting used to when you start. If you are just starting out, I would advise you to just buy a standard skipping rope.

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# Interview with journalist, Michael Wang

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conducted by Martha Machado Wang



## Michael Wang talking to our Newspaper Club

*Michael Wang is a Canadian journalist with an international and varied career. He came to Coleridge to talk to the Newspaper Club about being a journalist and we had the opportunity to ask him questions afterwards where he shared his experiences and gave us advice. I conducted a personal interview afterwards and here is what I found out.*

## How did you start in journalism?

When you're a journalist, you expect to move around. I started working as a journalist in a small town in Canada before moving to Toronto.

## When you were a journalist in the UK, where did you work ?

The last seven years of my twenty year career were in London working at the *Wall Street Journal*. I worked on stories covering the oil and gas industry. There are big companies in the North Sea. I reported on how the companies made their money and how they grew their business.

The other area I reported on was investment banking. I worked on stories to do with mergers and acquisitions of big companies, which were often worth billions of pounds! I reported on the transactions and I tried to report on them BEFORE they were made public. This was the secret to being successful in my role.

## Did you stay in places for a long time, or did you move around regularly?

At the beginning of my career, I decided to follow a very big international story which was developing in South Africa. I moved there as a free-lance journalist. I earned money by writing stories and then selling them to different newspapers.

In February 1990, Nelson Mandela was released from prison in South Africa and I moved there in October of that year in order to report on the incredible changes happening there.

## I'm interested to know if you reported on eco-stories?

Yes, I did. I reported on a story which a huge oil and gas company tried to hide. I uncovered the secret that the big oil platforms in the North Sea weren't safe and that these faults were endangering lives.

## Did you report on all continents?

I have not report on stories in Asia, but I did do a lot of reporting on countries in Africa such as Mozambique, South Africa, Zambia and Angola.

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**Did other countries hear about the stories you were covering?**

When I was in South Africa in the 1990s, I decided to interview the president of Mozambique, Joaquim Chissano. The country was experiencing a civil war at the time. The only way I could contact him was through something called 'fax'. So I sent the office of the president a fax to ask the president for an interview. I was very happy when he said yes! My colleague and I both asked him tough questions about the country's civil war. Even though our questions were tough, they were fair and the president complimented us on them after our interview!

**Have you ever previously talked to schools about being a journalist?**

The answer is 'yes'. My Danish colleague and I visited a school for Afrikaans children in South Africa. We spoke to the students there about what we felt about the changes in South Africa from the perspective of foreigners. A newspaper wrote about us visiting this school.

**What was one of the hardest places that you went to report?**

The hardest place I visited was Angola, a country in south-west Africa. When I went in 1991, it had been in a civil war for 16 years and a lot of people had died and a lot of landmines has been laid. This made it was very dangerous to walk around. I was one of the first journalists to enter the country after it declared a cease-fire. The country, at that time, had very few functioning stores in the capital, Luanda. What they

had was a huge open air market called Roque Santeiro which catered for 100,000 people. It sold everything from meat to perfume!

The other place we went to was even more dangerous. We were flown to a town in eastern Angola called Luena. It was the site of the last battle. Most of the buildings had been destroyed and there was no running water or electricity. We had flown in on a United Nations plane to offer an eye-witness account of what had happened in Luena. Altogether, we were four journalists. The day before we went, we bought a leg of antelope in the open air market in Luanda to bring with us. This was to be our meal for the three days we were in Luena.

When I left Angola, I found a grenade in a field. The cap had been taken off so I knew it was safe. I asked our guide if I could take it. I was told I could, so I packed it on the outside of my luggage together with digestive biscuits and my trainers. When I arrived back in Johannesburg, I found that the trainers had been lost and the biscuit had been eaten but I still had the grenade!

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*Our newspaper club learnt so much about journalism from Michael Wang's visit and it was great to speak to a professional journalist.*

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# Climate Change

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By Meilun Pan, Belle De Ste Croix & Naomi Melville



Many people do not know what climate change really is, so we will explain and go through some of the causes of it here.

## Why is climate change bad?

The earth is warming up because of greenhouse gases, which are made by burning fossil fuels and cutting down trees. The gases are making a blanket around the earth's atmosphere causing heat to get trapped inside, increasing the earth's temperature.

This extra heat is making it harder for sea creatures to survive and also making the ocean levels rise due to the melting ice caps.

## Fossil fuels and deforestation



Fossil fuels are based on oil, coal and natural gases which pollute our environment. Fossil fuels create pollution that harms our health. Like we have already said, the gases are causing a blanket around earth and trapping all the sun's heat inside. Humans cut down trees to make space for farming and to provide wood for fuel. This is called deforestation and it is very bad because trees help us by absorbing carbon dioxide (which is pollution) and when they are cut down, the carbon dioxide is released into the atmosphere again.

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# Environmental Protectors

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**By Meilun Pan, Belle De Ste Croix & Naomi Melville**

Many people care about our environment and try to protect it, such as Greta Thunberg, Autumn Peltier and Amika George. All of these people have stood up for the planet to protect it. We will now tell you a bit about them.



Greta Thunberg is a Swedish activist. When she was 11, she was so sad about climate change that she temporarily stopped speaking. Along with other activists, she organized a school strike

dedicated to climate change and named it 'Fridays for Future' and gained a spot in the 100 Most Influential People.



Autumn Peltier is an Anishinaabe environmental activist. She has spent her earlier life working to bring clean water to indigenous people in Canada by raising awareness towards water rights and ensuring communities have access to clean, safe and reliable drinking water.



Amika George is a British activist who campaigns against period poverty in the UK. Amika won a MBE in 2021 birthday honours for services to education.

## What you can do to help?

If you want to help stop climate change you can...

- Save energy at home such as turning lights off when you are not using them.
- Walk more to local places and use your car less.
- Eat less meat.
- Throw away less food
- Pick up your litter.
- Reduce, reuse, repair and recycle (RRRR)

We hope that by reading this you have learnt more about climate change and may try to stop it!

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# Interview with Ms Crawford

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*By Aurelie Deitch*

We interviewed Ms Crawford, who has changed roles from class teacher to being the new art teacher on East.

Was it difficult to decorate the art room?

**I haven't finished yet. I work** differently to Ms Richert so I want things in different places and different displays on the wall.

Why did you want to become an art teacher?

Before I was a teacher, I was an **artist , so it's my background. I went** to art college for 6 ½ years and have 3 different art qualifications. I love being creative and helping children be creative and find their creative side.

What is your favourite piece you have created?

One of my favourite pieces is a very large scale wall piece which was commissioned for an exhibition on the history of plastic at the Museum of the Home. It was put up in the early 90s.

What is your favourite material to use?



*Art room on East*

Anything you can manipulate to look like colour or plastic.

Was it a big change from teaching other subjects such as maths and English?

Yes, it was. It was a bigger change from maths because art is creative like English writing. It is different from having one class to teach because I now get to know many classes and children.

Who is your favourite artist?

My favourite is a collage artist called Julie Westbury and I also like a textile artist called Caroline Broadhead.

Have you always liked art?

As a kid, I used to draw a lot. I have always liked making things and I like patterns, colours and textures. I remember all the patterns of things in my house from when I was younger.

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# New Staff at Coleridge-

## An interview with

# Ms Felstead

By Jasper Metternich and  
AJ Davidson 5R.



During our spring 1 term, we sat down with Ms Felstead for an interview to get to know her and to find out how she feels about teaching here at Coleridge. We asked her a few questions and this is what she had to say:

I love phonics because it is so important for the children to learn to read. I'm not a great cook but we cook weekly in reception so I'm also really enjoying that too.

**We then decided to ask Ms Felstead some Quick-fire questions where she had to choose between two things. These were her choices!**

- Cats or dogs?  
Cat
- Rainforest or woodland?  
Woodland
- Sweet or sour?  
Sweet
- Slime or putty?  
Putty
- Crafts or sport?  
Crafts
- Red or orange?  
Orange
- Nike or Adidas?  
Nike
- Summer or winter?  
Summer
- Football or handball?  
Football
- Tottenham or Arsenal?  
Arsenal
- Bolognaise or sushi?  
Bolognaise
- Video or tv?  
TV
- Barbie or Oppenheimer?  
Barbie

### ***When did you know that you wanted to be a teacher?***

Well, my friends and family always said it was something I should do. I was working in a hotel in central London- the hard rock hotel, and Covid hit. This made me rethink my career choice so I decided to apply for jobs in schools. Then I began working as a TA in Southgate.

### ***When did you train to be a teacher and in what university?***

Last year, in 2022-2023 at the University of Buckingham.

### ***How does it feel to be a new teacher at Coleridge?***

It feels a little scary but also exciting. It is a big responsibility but I am really enjoying it.

### ***Why did you want to work at Coleridge?***

I love the creative environment here. When I visited the school it looked like the children were having fun and it seemed like a lovely place to work.

### ***What was the best thing about your first term here?***

Definitely, I would have to say the Christmas show- but lots of other things too.

### ***What do you enjoy doing outside of school?***

I love dancing. I started learning Latin dancing. It's new for me and I am finding it difficult but I'm also loving it.

### ***What is your favourite subject to teach in school?***

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# Interview with Ms Stepniak

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By Meilun Pan and Belle De Ste Croix



We interviewed one of our newest recruits, Ms Stepniak (4B), to find out a bit more about her.

How does it feel to be a new teacher at Coleridge?

At first I was nervous but everyone was welcoming and friendly and so I quickly felt at home.

When did you know you wanted to be a teacher?

At university, I studied furniture design. Then I worked for a charity that supported children who had just arrived in the UK to find a school place. This made me realise that I wanted to be a teacher.

Why did you want to work at Coleridge?

Oh there were lots of reasons. I liked the focus on creativity and wellbeing. A big school also means a big team of people to work with. When I looked round, the school had a nice

feel and I could see myself working here.

Why do you like Coleridge?

I like that children and staff can choose what they want to wear. This means that people have the opportunity to express who they are and be themselves. I also like how everyone is very approachable at Coleridge.

Cats or dogs? Dogs as cats are too unpredictable!

Rainforest or woodland? Woodland as rainforests are too damp and sticky!

Sweet or savoury? savoury

Slime or putty? slime

Big Ben or London Eye? Big Ben

Crafts or sports? crafts

Emoji devil or angel? angel

Blue or pink? blue

H&M or Zara? H&M

Summer or winter? Not sure— maybe both but if I had to choose then summer!

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# 6 top movies!

By Martha Harris

## Elemental

Set in a city with fire, water, land and air people live together. It is all about a fiery young woman and a laid back man who discover something elemental.



## Wish Dragon

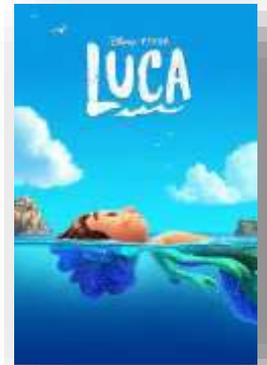
Din is determined to find his old best friend. While doing so, he finds a wish granting dragon that shows him the magic of possibilities.

## Paddington 2

A great film! Aunt Lucy's birthday is coming up and Paddington has to find the perfect gift. (If you haven't yet watched the 1st, you can still watch this as it makes sense on its own.)

## Luca

A young boy experiences an unforgettable seaside summer on the Italian Riviera. A film filled with gelato, pasta and endless scooter rides.



## Fantastic Mr Fox

An amazing and funny film for all the family.

## Cloudy with the Chance of Meatballs 2

A hilarious film so well worth a watch!

# Football Players 2024

V W X K M E P P A B M F M R X D N Z W B Q A P  
R U R H F C Y W Y R B Z V M Z V I I M H E Y X  
D Z K P O K I J T S A R J I M X B V E K T R W  
A F K S L T A S U S S L D Q N M A I S A P B G  
E R A A I Z Z T E D K Y E W N I Q V S T S R W  
M W B L M B F I E C J K K X H A C L I R C W Y  
H L G A H R C W O M T I D H A T G I H U E M I  
T S O H J K S O I R C L P F N N S C U S O M F  
E X P V F C J J F W L A X D B B D J O S K R A  
B L L N G X B N S U A T B O D Q G R D O J L U  
C R U R L B U R W F O W I E L H W I A E N R X  
Y R A J S U L P H Q N M H S I E Z N W P Z K I  
P J P X J U D E B E L L I N G H A M M S O Q E  
J T A B C M U M X H K R J X M X U U Q P K P M  
E Q N C B B J Y J D H A R R Y K A N E K G R P  
K C X Z Q V K D W J O A X D N A L A A H K J V

JUDE BELLINGHAM  
ALEXANDRA POPP  
VINICIUS JR  
HARRY KANE  
KATE MCABE  
PAUL POGBA  
BETH MEAD  
HAALAND  
MBAPPE  
RUSSO  
MESSI  
SALAH

Find the following words in the puzzle.

Words are hidden ↑ ↓ → ← and ↘

# Crafts

**By Martha Machado Wang**

This half term we have been busy making in order to write this newspaper article. Here are some ideas for how to recycle items to make crafts!

To make a plastic bottle elephant, you will need the following things:

- empty milk bottles
- scissors
- PVA glue
- tissue papers
- googly eyes

1. To start, you will need to cut your milk bottle so that the handle is the trunk. Cut the middle of the bottle to look like legs. Some people keep the lid on to make it look like a head.



2. Cut the tissue paper into square pieces. It might take a little while but you don't need too many and if you don't have enough you can cut more once you start sticking in the next step.



3. Once you have finished cutting, you can start sticking those pieces down with glue. You will have to cover the whole thing [not the inside]. When you have finished, it will look very colourful! If you want, you could create some ears and stick them on too.



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# Crafts

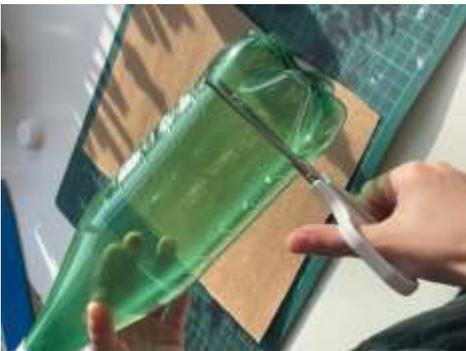
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**By Elna Robinson**

To make an plastic bottle turtle you will need the following things:

- plastic bottle
- cereal box (cardboard)
- PVA glue
- pencil
- pens and decorative items

**1.** Carefully cut the bottom of the plastic bottle.



**2.** Now draw the body of your turtle on the cardboard. Once you have done this, then start to cut around the outline of the turtle.



**3.** Next, you can decorate both your turtle and your bottle.



**4.** To finish, glue them together.



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# Venomous vs Poisonous

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By Renxi Tsakok

You might already recognise the snake in the picture below: it's a viper — a pit viper. *A white lipped pit viper to be precise. It's deadly, definitely DO NOT TOUCH! It's venomous. Although the words venomous and poisonous may seem identical, they are actually two completely different natural weapons.*

## Firstly, the difference!

One of the biggest differences is how toxins enter the victim. If you bite it and you die it's poison, but if it bites you and you die, that's venom. Venom usually affects you through a wound. It can be injected through lots of ways, including teeth, a sting, spines or claws. Poison is different. There doesn't have to be a wound involved, as it can be breathed in, ingested or absorbed through your skin! Disgusting.

## Why does venom need a wound?

This is all due to the chemicals. Poison has very small particles that can be absorbed through your skin but venom molecules are bigger so they have to be injected. **HERE'S A WEIRD FACT!** It would technically be possible to **DRINK** venom, however dangerous it would seem (very!!!). Although possible, this would not be a good idea as even the smallest cut or scratch would mean the venom would be 'injected' into your bloodstream.

## What animals are both venomous and poisonous?

Some animals are both without really meaning to be! Blue Ringed octopuses make their own venom, just like other octopuses and squids. It's called TTX. TTX can act like a paralysing poison if ingested or venom if injected through a bite. So if I accidentally ate a mini Blue Ringed octopus, I would be paralyzed, and if a Blue Ringed octopus bit me, I would feel the effects of its venom.

Spitting cobras bite their prey to inject venom but they also spit, so if it lands in your eye, it can make you blind. Now, the same venom has become poison because of the way it enters your bloodstream. Fortunately, you don't find any of these in the wild in the UK.

## Human made poison

Although I've mostly talked about natural poison and venom, there are many human made ones too. Here are some:

### **Arsenic**

In the nineteenth century, arsenic was a very common substance in household goods. There were already rat poisons available, and because it was tasteless and odourless, it was easy to confuse with other white powders like flour and sugar. Arsenic was also a very popular dye as it made a very pretty green. People used it for: curtains, wallpaper and even clothes! People were very careless about storing it so that was why it was so dangerous.

### **Strychnine**

This was commonly used as a pesticide, and even in tonics, a liquid that makes you feel healthy! Many crime writers also used strychnine in their books (not real life!) like Arthur Conan Doyle, and Agatha Christie. Strychnine tastes very bitter. It's also known as the most bitter substance we know of!

Remember not to touch any plants that you find in the wild and you'll be fine!



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# The iPhone 15

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**By Zayne Sequeria and Ibrahim Duman**

The iPhone 15 Pro and iPhone 15 Pro Max are made of titanium, unlike the stainless steel frame of previous Pro models. The display bezels (the border or frame surrounding the display) have also been reduced. The phone is available in 4 colours: natural

titanium, blue titanium, white titanium and black titanium.

The iPhone 15 has an improved camera. It produces better-looking and more detailed images across different lighting conditions.



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## How honey is made

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**By Zayyan Qureshi**

Did you know that honey is made from bee spit?! The full process begins when the bee drinks nectar which is sent to the honey stomach (it's similar to a crop and holds the honey all the way back to the hive).

Then, when the bees get back to the hive, they direct the nectar out of their mouths and transfer it to a different worker bee who takes it to a house bee.

After that, the house bee dehydrates (draining water) the nectar by transferring it to another bee. It's

done when the water in the nectar has decreased to 18%. Now mould and bacteria can't grow, so it turns into honey.

Next, the bees store the newly made honey in a wax chamber! So now you know how honey is made!

**Fun Fact:**

Bees love lavender ,hollyhock, cosmos and hellebore.



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# MARMITE AND NIGELLA SEED STRAWS

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By Martha Harris

## Ingredients

- Dessert spoon of marmite
- Ready rolled puff pastry
- 90g of grated cheddar
- 1 egg beaten
- Heaped teaspoon of nigella seeds and a few for sprinkling

## Steps

Preheat the oven to 200°C and line a baking tray with baking paper.

Lightly sprinkle the surface with flour. Place your pastry onto the surface then roll out your pastry extra thin around 2 cm larger on each edge.

Lay the pastry horizontally. Spread the marmite onto half of the pastry followed by cheese and then nigella seeds.

Fold the other half of the pastry over the filling and squeeze the edges in order to keep the filling

inside.

Using a rolling pin, flatten out the pastry quite thin.

Using a knife, make strips that are roughly 1 cm in width. Continue until all of the pastry is in strips.

Twist the strips and bend each end towards each other forming a bangle shape.

Place the rings on the tray and sprinkle a few more nigella seeds over the top of the pastry followed by brushing egg yolk over the top and put in the oven for 15 minutes until crispy and golden.

Serve warm and fully cool before storing in a airtight container for up to 2 days.



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# Jurassic Coast Disaster

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**By Jack Fenn**

Dorset is known for the Jurassic coast which is full of ancient fossils!

A large storm called Ciaran in November 2023, caused a huge cliff to collapse. More than 300 tonnes of rocks and boulders fell on to the empty beach.

Sir David Attenborough has followed the slow process of excavating the skull from a pliosaur, a ferocious marine reptile that terrorised the oceans about 150 million years ago. Attenborough created a documentary called *Attenborough and the giant sea monster*.

Have you ever found a fossil? What did

you find?

## TOP 4 JURASSIC FOSSILS

1. Fossil sea urchins
2. Fossil sea shell
3. Belemnite fossils
4. Iron pyrites ammonites from Charmouth



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# Bunny vs Monkey

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**By Zayne Sequeria and Ibrahim Duman**

*Bunny vs Monkey* by Jamie Smart is a series of books about some woodland creatures. One of the characters is an evil monkey who tries to destroy the woods. There is also a helpful bunny who tries to save the woods and a silly pig who becomes wise.

## Reviews:

“Everyone loves *Bunny vs Monkey* so get it now!”

“I like *Bunny vs Monkey* as it's very funny.” **Zayne**

“I like *Bunny vs Monkey* because it inspires me to be a author.” **Ibrahim**

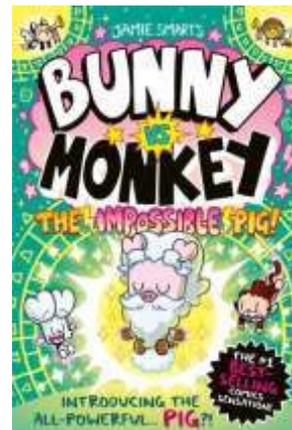
“Impossible pig is great because it lets kids' imaginations run wild.”

“It's never boring - there is always something entertaining happening”

**Raiee**

“Quite random but a great series.”

**Elena**



# Puzzles

By Joseph Brown

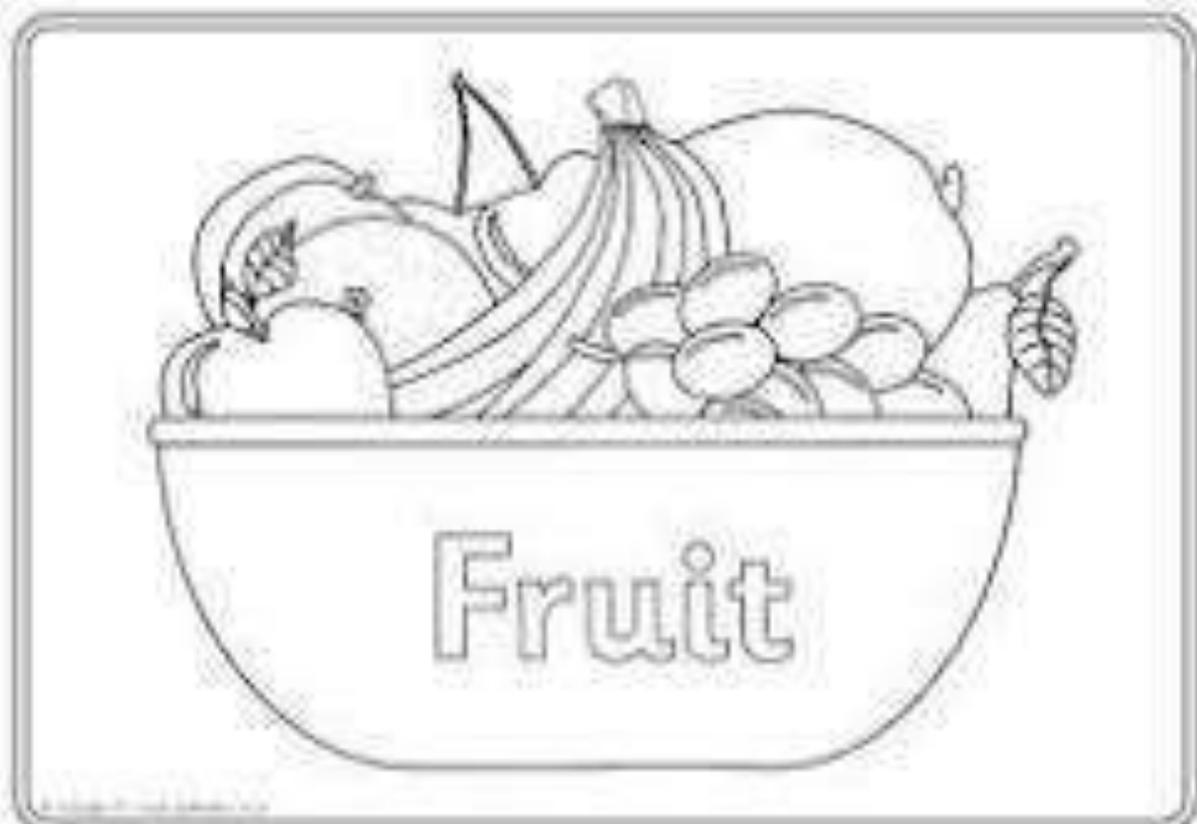
Can you find these school-related words?

c	q	t	w	e	r	t	y	u	i	o	p
a	l	r	y	h	p	a	r	g	o	e	g
s	l	a	p	t	o	p	d	f	g	s	h
j	k	y	s	l	z	x	c	v	b	d	n
m	q	w	e	s	r	t	y	u	i	i	o
p	a	m	r	b	r	e	u	e	r	k	s
d	f	g	h	l	o	o	h	c	s	j	k
l	z	x	c	v	b	n	o	m	q	w	e
r	t	y	u	i	o	p	a	m	s	d	f
g	h	j	k	l	z	x	c	v	b	n	m
q	w	e	c	n	e	i	c	s	e	r	t

WORDS:

classroom  
geography  
maths  
science  
Mr Breuer  
school  
Kids  
tray  
laptop

## Colour me in!



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# Tails of Pawsome

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By Elise Greenberg

Cats. People love them. But what if I told you that they are more than what meets the human eye? Like Skittle on her 'cat walk'. Little cat Skittle got lost on a family vacation but then, four months later, she arrived at her family home very skinny. Of course, the family was both surprised and delighted to have her back. Do you want to know how far she had walked? 355 miles!

Now, on to the next amazing cat. The next cat is an extraordinary one, walking even farther than Skittle. A cat called Rusty. In 1949, Rusty travelled from Boston in Massachusetts to Chicago in Illinois in just 83 days! A world record, I think.

## Fun fact!

If you search cat or dog into Google, a paw icon will appear and if you click it, another cat/dog paw will appear and if you keep on clicking more and more paws appear! Try it now, **AND I MEAN NOW!**

**GOTCHA!** Now time for a speed round of (actual) cat facts:

- Cats actually walk on their claws, not feet.
- Cats have only 407 taste buds, compared to humans who have 2,000-10,000.
- House cats share 95.6 of their genetics with TIGERS!
- Cats can jump 5 times their height!
- Cats sleep for around 15-16 hours a day. That can be around 70% of their lifetime.



Time for one more story. Let me tell you about the amazing story of Oscar, The Bionic Cat.

In October 2009, on a harvest day somewhere in Jersey, Oscar (two and half years old) was chilling in a field and although no one knows exactly what happened, somehow Oscar's hind (back) legs were severed by a combine harvester. His owners, Kate Allen and Mike Nolan were concerned for the life of their feline when frantically rushed him to the vet. They thought they would have to say goodbye to their fluffy friend but there was one tiny glimmer of hope.

At the practice, there was a very special vet who was able to replace the limbs of a dog, so perhaps he could do the same with Oscar.

After many hours, the surgery was completed but Oscar had to recover. Eight months later, he came home and was more active than *ever*.

Now he is an inspiration for animals and humans alike.

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# BEAUTIFUL FLOWERS

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**By Xaviera Razak**

A flower is a special kind of plant part. Plants are a beautiful and colourful addition to our planet. There are about 380,000 known species of plants. People use them as names and even have some in their homes for decoration. Sometimes they can also be used for fresh smelling shampoo, or even as food for animals to eat. Flowers can be used in teas and in medicines as well as for bees to make honey.

## Names of flowers

There are so many names for flowers. Here are some examples: rose, camellia, chrysanthemum, poppy, blossom, iris, liye, african boxwood, azalea, daffodil, orchid, peony, tulip, violet, amaryllis, begonia, freesia, gerbera, marigold, pansy, periwinkle, daisy and dahlia also blue bell. My favourites would have to be daisies and sunflowers.

## What they need!

Like all plants, flowers need soil for seeds to grow into beautiful blooms. Flowers are made of roots, stem, leaves, and beautiful petals to attract insects. They are often brightly coloured or unusually shaped to attract pollinators. All of the petals of a flower are collectively known as the corolla. Inside the part of the flower that has petals are the parts which produce pollen and seeds.

## What the flowers love

Flowers love water and sunlight! Water keeps flowers fresh which makes them even brighter. Water is sucked up

through the roots and stem like a drinking straw.

## THEY NEED WATER NOW!

### What kills the plants

There are many different kinds of flowers in different areas in the world. Even in the coldest places, for example the Arctic, flowers can grow during a few months. In the rest of the world, the winter can kill the plants because there is no sunlight to keep them making food or the freezing temperatures can damage them. Then they look down and start to crumple up. Other plants can die back during winter and leave a seed behind them for the spring.

Also too much water can kill the plants. Most of the time, people don't take care of them but they manage to stay alive because of the sun. But if there is no sun, they will die like I said. Even poor soil can kill flowers. If there are no worms in the soil to break down the top layer of soil for nutrients, they can die really quickly. Plants can hate the winter especially if there is snow or frozen water!



# The Life of a Teacher

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**By Freya Stowell**

Life can be chaotic for everyone, but for a teacher it can be a million times more so. I went to see what life is like for a teacher by interviewing some of the Coleridge staff. ENJOY!

What was the most eventful thing that has happened in your teaching career?

**Rosie Wedderburn:** Once I was locked in Deal castle with 20 children. We couldn't get out for 40 minutes. In the end, the police had to call the 'Keeper of the Keys', who had gone home for tea.

**Ms Bosworth:** Doing the leap of faith at PGL!

What is your favourite subject?

**Miss McMillan:** Art and DT

**Miss Schmidt:** Maths

How long have you been teaching?

**Miss Crawford:** 12 years. It is my second career [I was an Artist before].

**Rosie Wedderburn:** 17 years [Eek! That makes me feel so old].

Do you prefer English or Maths?

**Mr Southey:** I prefer English but I find maths easier.

**Miss Godfrey:** To teach maths and to learn English.

What is your favourite book?

**Ms Bosworth:** The book with no pictures by B.J. Novak.

**Miss Creamer:** Pride and Prejudice by Jane Austen.

What is your favourite movie?

**Mr Breuer:** Mamma Mia

**Mr Southey:** School of ROCK

There you go— I hope you have enjoyed learning more about some of our teachers!

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# 3D Printing

By Harriet Mokrynski

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Recently, I printed a dragon but it **took a while... in fact, it had to print overnight!**

But why did it take so long? Here's why - the printer prints in intricate layers. Even though it moves fast, it still takes a while to build up all the layers.

## What Are Some Useful Things 3D Printers are Used For?

3D printers can make lots of things; from hangers & jewellery to tools and tripods and even food! Did you know that you can even print personalised chocolates on special types of 3D printers.

3D printers can quickly make small things but, as I said in the introduction, it takes longer to print larger things. You may think that plastic could be quite fragile to print with, but in fact it is very strong!

## What are the different types of plastic?

There are ten different types of plastic used today, and the most durable and important is ABS. The plastic I use to print is called PLA. The letters stand for chemicals.

When you print in colour, it can let go of some of the filament, which is something that needs to be improved upon with future printer designs.



## Why do I like 3D printing?

I really like printing because you can make your own things! On a printing app called Tinkercad, you can take basic shapes and merge them together and do all sorts of different designs. For example, for my World Book Day costume, I made a clasp which looked just like the book!

If you ever make a mistake with the printing process, you can easily just print it again.

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# LEGO facts

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By Jack Fenn

Did you know that:

- the founder of Lego is Ole Kirk Kristiansen?
- in 1997 on 13th February a ship called Tokio Express was hit by a huge wave that caused it to lose 62 cargo containers. One was filled with 4.8 million pieces of Lego.
- Lego wrappers are being changed because plastic wrappers are polluting the land so Lego changed their wrappers to paper.
- Lego Duplo is eight times the size of normal Lego bricks!
- the word "Lego" comes from two

Danish words "leg godt", meaning "play well".

- every day 100 million pieces are made!



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# Triangle biscuits

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By Elena Calero Zakharova

**Ingredients:**

one pack of twarog (unsalted cottage cheese)

2100 g of soft butter

3 cups of flour

4 tsp of baking powder

5 cups of sugar for dusting

1. Mix twarog, butter, flour and baking powder to make a firm dough (if too soft, put in the fridge for 30 mins).

2. Roll out and use a circle shape to

cut out circles that are about 4-5mm thickness.

3. Put sugar on a separate small plate and dip each circular shape in sugar and fold into quarters (half and half again).

4. Put on the baking sheet at 200c for 17-20min until golden.

5. Now eat!



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# Tropical fruit

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By Aleena Razak

## Dragon fruit/ Pitaya



Pitaya was first discovered in Central America many centuries ago. It has travelled to all corners of the globe. Early missionaries brought pitaya to Asia where it has since been renamed and is more commonly known as, dragon fruit. Here is a picture below:

## Passion fruit

Passion fruit has high levels of vitamin A and 5.4mg of vitamin C. Passion fruit comes from the passion fruit vine, a climbing vine with spectacular flowers.



## Lychee

Lychee is native to Southeast Asia and has been a favourite fruit of the Cantonese since ancient times. A cup of lychee is a good source of vitamin C, vitamin B2, potassium and copper.



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# Riddle me this, riddle me that!

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By Molly Duncan

1. What building has the most stories?
2. Three doctors say that David is their brother but David says that none of them are his brothers. Who is wrong?
3. Where does today come before yesterday?
4. A man calls his dog from the other side of a river. The dog runs to him but doesn't get wet or use any boats or bridges. How is this possible?
5. What has a thumb, four fingers but isn't a hand?
6. What has a head and a tail but no body?
7. I am an odd number. Take away a letter and I become even. What number am I?
8. If Mary has 4 daughters and each daughter has one brother, how many children will Mary have?
9. Which is heavier, a ton of bricks or a ton of feathers?
10. Two fathers and two sons are in a car but there are only 3 people in the car. How is this possible?
11. A girl goes to the shops and buys 12 eggs. On the way home, all but three break. How many eggs does she have left?
12. If all but two of my daughters have red hair, all but two have brown hair and all but two have blond hair, how many daughters do I have?
13. If your friend has three apples and you take away 2, how many apples do you have?
14. What can run but never walk, has a bed but never sleeps and has a mouth but can't speak.
15. What band doesn't play music?
16. What starts with t, ends with t and has tea in it?

**Answers on the final page!**

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# MEET THE FAMILY

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By Aurelie Deitch

London Zoo is home to a western lowland gorilla troop. They bring the African rainforest to the heart of London. With the newest member only just arriving earlier **this year, I thought I'd introduce them to you:**

**Effie** is very playful and cheeky. She was born in 1993 at Copenhagen zoo. She has a huge appetite. She arrived in London zoo in 2007 and she loves chasing pigeons.



She loves her food and, if she gets the chance, she will eat someone else's. She has also just given birth to a new born baby gorilla who **hasn't been named yet.** The infant was born on the 8th of February, just 3 and a half weeks after Mjukuu had her

baby.

The infant is an important addition to the endangered species



**Kiburi** is a relaxed, handsome, confident silverback gorilla.



He was born in 2004 at Hannover zoo. He loves foraging for food and finding a good stick to take yoghurt out of his feeder. Kiburi weighs 192kg and arrived in the pack in 2022.

**Mjuuku**, nicknamed 'jookie', was born in 1999 in Chessington zoo. She arrived in London in 2008. She is the dominant female and gets the bigger share of any food. She gave birth to Alika in 2014 and became a mother to her son Gernot in 2015.



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**Gernot:** One day, Gernot hopes to be a big silverback gorilla just like his Dad. He was born in 2015 and was raised by Mjukuu, but his biological parents are Effie and Kumbuka.

Gernot is sometimes very playful. He enjoys rolling all over the place. **Gernot's dad,** Kumbuka sadly passed away on Friday 25th October 2019.



**Alika** can often be seen walking and climbing around her enclosure but she still always stays close to her mother Mjuuku. **She's the oldest of the two** (Gernot is her younger brother). Alika was born a year earlier in 2014 to the same father.

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# Palm Pals



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The Palm Pals collectible range are a huge range of cute teddies that are suitable for all ages. The inner fibre/pellets are made entirely from recycled plastics. The reason they are called palm pals is because they literally fit in the palm of your hand.

The range consists of food, animals, plants, emojis and even transport. They are utterly irresistible!

Here are some of the collectibles you can choose from:



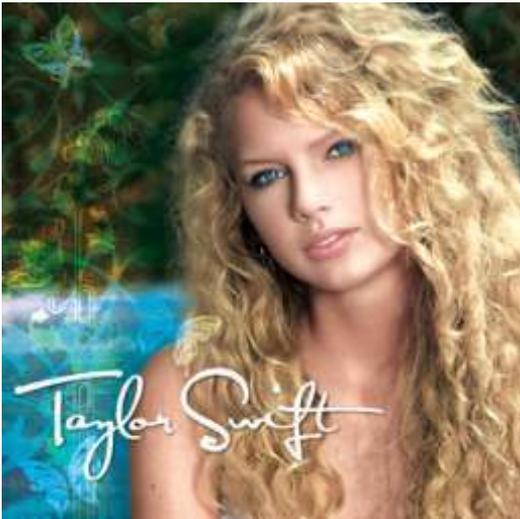
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# All about Taylor Swift

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## By Daisy Winn

Taylor Swift is a popular American singer who was born on December 13 1989 and she grew up on a Christmas tree farm.



***Taylor Swift's first album 'Taylor Swift' 2006***

## Taylor Swift's Ten Albums:

1. Taylor Swift (made in 2006)
2. Fearless (made in 2008)
3. Speak now (made in 2010)
4. Red (made in 2012)
5. 1989(made in 2014)
6. Reputation (made in 2017)
7. Lover (made in 2019)
8. Folklore (made in 2020)
9. Evermore (made in 2020)
10. Midnights (made in 2022)

Recently, at the Grammys Taylor announced her new album, "The Tortured Poets Department" which

will be released on April 19th 2024. This year Taylor Swift will be touring her sold out shows: "The Eras Tour" All the tickets are now sold out. The Eras Tour is one of the biggest concerts at the moment.



## Three Fun Facts!

1. Taylor has made a few songs with English singer-song writer Ed Sheeran.
2. Swift's star sign is Sagittarius.
3. Taylor has had twelve boyfriends. Her current boyfriend American footballer, Travis Kelce (*pictured below*).



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Have a go at this Taylor Quiz:

Finish the Lyrics!

**NUMBER ONE**

Baby, I'm just gonna shake, shake, shake,  
shake, shake I shake it... I shake it ...

- A) off
- B) now
- C) later

**NUMBER TWO**

Nice to meet you, where you ....

- A) lived
- B) been
- C) cringed

**NUMBER THREE**

'cause baby, now we got bad blood, you  
know we used to be mad ....

- A) dumb
- B) love
- C) blood

**NUMBER FOUR**

You're on the phone with your .....

- A) mommy
- B) brother
- C) girlfriend

**NUMBER FIVE**

We could leave the Christmas lights up  
'til

- A) January
- B) February
- C) summer

**ANSWERS**

A, B, B, C, A

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# WHAT'S YOUR FAVOURITE ANIMAL AND WHY?

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Lea Giorgi, Elena Parkinson,  
Emerson Vrillakas

We went around the school and interviewed some teachers, asking them all what their favourite animal were and why. After we interviewed them, we did some research on their favourite animals and wrote a few facts about them.



1) Jason & Charlie

“My favourite animal is a dog because they are always loyal and happy to see you,” Jason said.

“I love dogs since I had them for about 19 years,” Charlie said. “I grew up with dogs and loved them all my life, really.”

## DOGS

Did you know that dogs are the most popular pet in the world? They can learn over 100 words and gestures as dogs have a hippocampus ( the part of their brain that stores memories and

lets them make them) just like us. Some dogs can even count up to five and do simple addition in their own ways.

2) Mr Strange & Ms Henry

“My favourite animals are big cats but tigers are my favourite,” Ms Henry said. “They’re majestic, silent and strong.”

Mr Strange said, “I like them because of their stealth and grace.”

## TIGERS

Tigers are the biggest wild cat in the world. Also, one swipe from a tiger’s paw could actually kill you! Tiger cubs are born blind and, sadly, only half of them live to be adults...But that’s not all. The tiger population has decreased by 95% because of agricultural farming and destruction to their habitat.



### 3) Mr Goddard



“My favourite animal is a snow leopard because they have big fluffy paws, a bushy tail and are really good at camouflage. They have always been my favourite animal for as long as I can remember ,” explained Mr Goddard.

#### SNOW LEOPARD

Did you know in Nepal their main prey are blue sheep. They're big paws act like natural snowshoes . Many people think that they can roar but they actually can't. They are actually more related to tigers than leopards!

### 4) Ms Driver



“My favourite animal is a giraffe because of their amazing patterns, cool tongues and how

tall they are. It's always been my favourite animal as people in my class at school used to call me 'giraffe 'as I was the tallest and skinny—just like them, “ Ms Driver told us.

#### GIRAFFES

Did you know that babies can stand in less than under half an hour after they're born? Giraffes are very unique as no giraffe has the same pattern. The ancient Romans called them cameleopard, seeing them as a camel and a leopard. Giraffes also need to sleep up to only 4.6 hours a day.

### 5) Mr Heidensohn

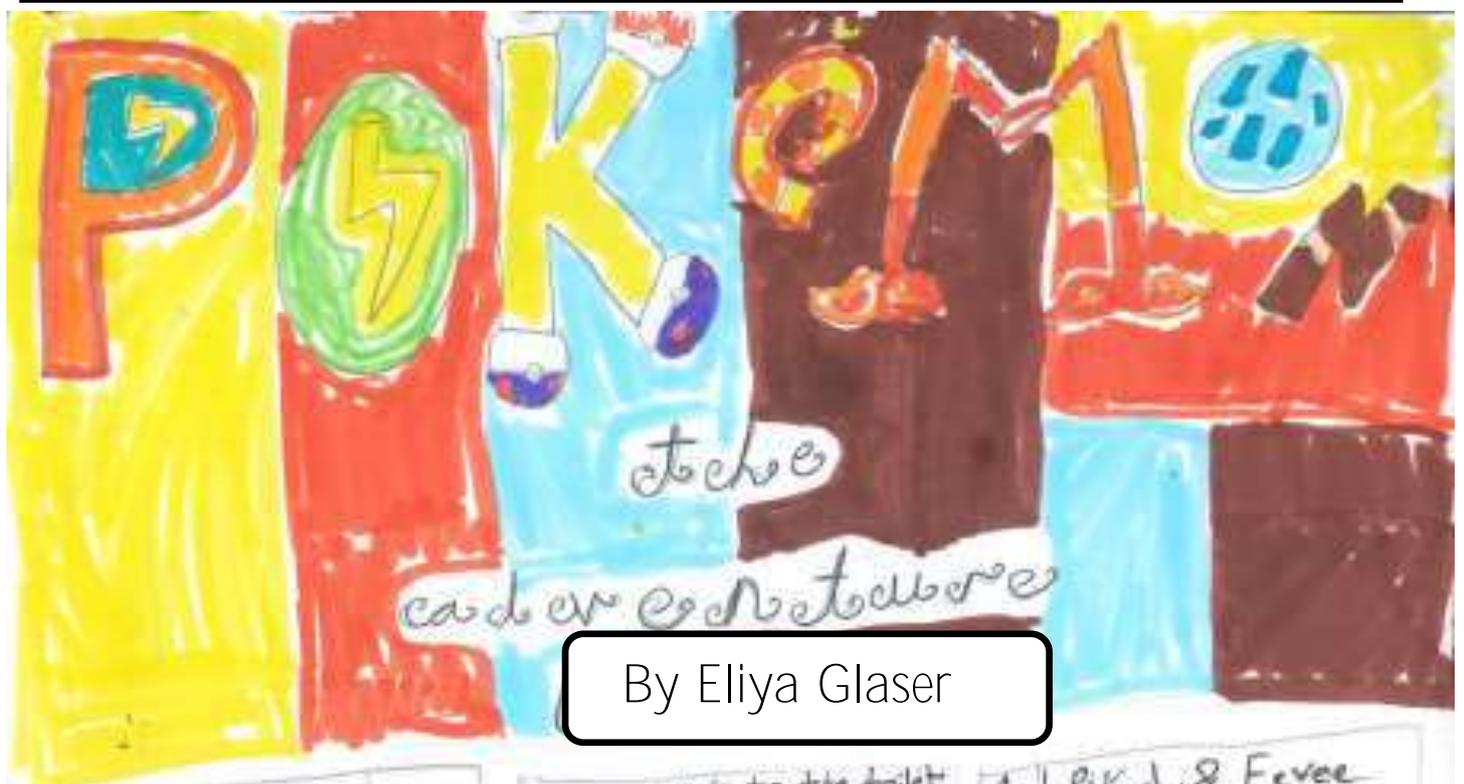


“My favourite animal is a swift as they fly really fast, they

migrate around half of the world and they can sleep while flying. It's always been my favourite animal,” said Mr Heidensohn.

#### SWIFTS

Swifts are the fastest birds in level flight with an outstanding speed of 69 mph. A group of swifts is called 'a scream'. It's called a scream because their call is a loud high pitched scream in two tones and the females make the louder call.



By Eliya Glaser



④ Demean the demon type  
the demon Pokemon  
Demean can summon an army of demons  
Straw-berry cheese cake Poo

Oh ok  
Mhm

Pika

Anyway, we gotta see what is behind the backdrop so bya!

**BREAK**

(BTW Eli HG went in already)

All my hard work \*sob\*

wool

Soul

Wait, how can a soul LEAVE a soul? OK WHATEVS!

\*SIGH\*

I guess I'll go in after them

Meanwhile in Eli HG's Personal toilet

Meow \*transform\*

BTW Eli HG went to the toilet so much the school made her her own one

Here's a picture of her door

She doodled on it a lot!

A Few mins later

Meow

Normal sized wooper

this sized wooper

Before that...

oh a portal!

Let's go inside!

OK!

Wait for me!

Come on lets go!

Yes!

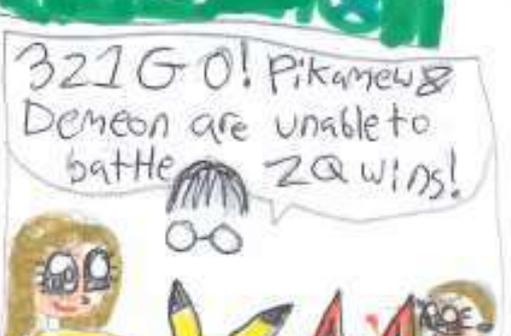
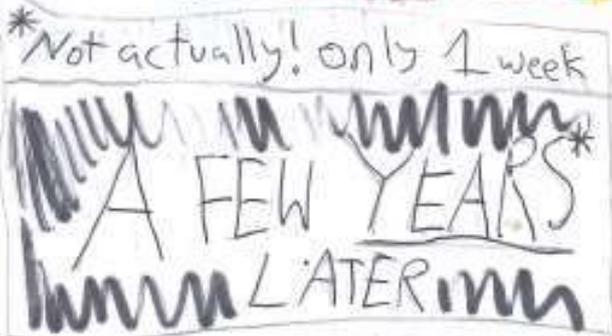
I'll fix it later

3 2 1

To be continued ...

only Joking!

on the other side of the portal



Huh? Azurill?



We fell in love at first sight!



It's getting dark look!



Pikamew you know what to do!  
I'll handle this!



Pika! mew!



CAMPACHU



Camp Pa  
Campa  
CAM  
PA



And... Firechu!

(Fireplace form)



Marshmello Form

Sweet-achu!



Pikamew!  
Wow!

Thanks Pikamew!



Oh and...

Toilechu!

Eli HG Personal  
Personal



That night...



Eli HG Personal toilet

meow  
Kitty's cat



YAY!!!

ahh  
on the toilet



Morning huh? Demeon! Azurill!



Pikamew where are you?

Where has weedle taken Pikamew, Azurill and Demeon ???

Will they ever battle ???

And what is hidden in this new dimension? Find out in Pokemon ATTACK!

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# Tea with Mr Choueke

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By Effie Fielding-Cox and Elena Calero



## What is tea with Mr Choueke?

Tea with Mr Choueke is a head teachers award for exemplifying our in-school values (creative, caring, inclusive, resilient, aspiring). Coleridge children are rewarded by an adult in school signing their 'Golden Book'. If your 'Golden Book' is signed by an adult five times, you get a certificate and if you get five certificates, you are invited to Tea with Mr. Choueke. Children are invited to eat snacks, drink squash and have pleasant conversation with each other and Mr Choueke.

We interviewed Mr Choueke all about "Tea with Mr Choueke" and here is what we found out!

### QUESTION ONE:

**How did you come up with the idea for tea?**

The last headteacher was called Ms Boffey and she introduced 'Tea with Ms Boffey'. I really liked the idea so I continued with it when I became the head teacher.

### QUESTION TWO:

**What do you eat at tea?**

Bourbons custard creams, party rings, yoyo bears, orange squash and blackcurrant squash. Children's favourite biscuit are the custard creams.

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### **QUESTION THREE:**

**What is the whole point of tea?**

To celebrate children who have been creative, caring, inclusive, resilient and aspiring and who have got in the golden book twenty times!

### **QUESTION FOUR:**

**Do you drink actual tea?**

Sadly not! I prefer coffee to tea but we have lovely delicious squash.

### **QUESTION FIVE**

**When does this special 'tea' take place?**

Every Friday afternoon at 2pm.

### **QUESTION SIX**

**Do you prefer spending time with the children and talking with them or spending time with teachers?**

Children, sorry teachers!

### **QUESTION SEVEN:**

**How do you know children will like the food at tea if they have never been?**

I always ask what their favourite biscuit is and I might order jammy dodgers, all children like jammy dodgers!

### **QUESTION EIGHT:**

**Does having tea with Coleridge children every Friday cheer you up after a busy week at school?**

Yes, I am very happy when children get their headteacher awards. It makes me feel very proud of them for achieving something so amazing.

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**Riddle Answers from Pg 25:**

1. A library
2. Nobody: They are his sisters.
3. In the dictionary.
4. The river was frozen.
5. A glove.
6. A coin.
7. Seven.
8. 5– each daughter has the same sister.
9. They both weigh a ton.
10. It's a grandfather, father and a son.
11. Three.
12. Three– one red haired, blonde haired and brown haired
13. Two.
14. A rubber band.
15. A teapot.

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Thank you for reading this issue of the Coleridge! The newspaper is in your hands right **now wouldn't be possible without all these hard working children and teachers:**

Year 6: Effie 6O, Elena 6O, Aurelie 6O, Molly 6O, Raiee 6O, Freya 6R, Bea 6R, Renxi 6R, Joseph 6B, Xaviera 6B, Elena 6P, Lea 6P, Emerson 6P.

Year 5: Daisy 5O, Zayne 5B, Ibrahim 5B, Meilun 5B, Belle 5B, Elsa M 5B, Aleena 5P, Nyla 5P, Martha 5P, Jack 5P, Elna 5P, Harriet 5P, Jasper 5R, AJ 5R, Elise 5R, Eliya 5R, Martha 5R, Zayyan 5R.

Teachers: Ms Schmidt, Ms McMillan, Ms Godfrey, Miss Elliott and Ms Creamer

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