Coleridge Primary School

PSHE

CREATIVE, CARING, RESILIENT

Whole School Curriculum Map

	Family and Relationships	Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Wellbeing	Transition	
EYFS	Through continuous and enhanced provision, children in both Nursery and Reception will: CL: Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen. Develop social phrases. Hold conversation when engaged in back-and-forth exchanges with their teachers and peers. Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher. PSED: See themselves as a valuable individual. Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Manage their own needs (personal hygiene). Know and talk about the different factors that support their overall health and wellbeing (regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian). Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.						
YEAR 1	In this unit, children will take part in a series of lessons where they will: • explore how families can be different; • identify the characteristics and impact of positive friendships; • learn that issues can be overcome; • learn that people show feelings differently; • learn that stereotyping is unfair.	In this unit, children will take part in a series of lessons where they will: • explore personal qualities, • learn about strategies to help manage feelings, • learn about the impact of sleep and relaxation on wellbeing, • learn about the importance of hand washing and sun protection, • learn how to identify and deal with allergic reactions, • find out about people in the community who keep us healthy.	In this unit, children will take part in a series of lessons where they will: • learn how to respond to adults in different situations; • distinguish between appropriate and inappropriate physical contact; • understand what to do if they become lost and how to call the emergency services; • identify hazards in the home; • learn about people in the community who keep us safe.	In this unit, children will take part in a series of lessons where they will: • learn about the importance of rules and consequences of not following them; • learn about how we care for the needs of babies, young children and animals; • explore our similarities and differences; • have an introduction to democracy.	Taught through the RedStart 'Changing the Game' programme, children will learn: • that they can keep money in different places, and that some places are safer than others; • that they can choose a suitable place to keep their money safe and be able to explain their choice; • to understand the consequences of losing money or having it stolen and how it might make them feel; • the value of coins and notes and put them in the correct order of value.	In this unit, children will take part in a lesson helping Year 1 pupils with the transition to a new year and the changes that come with it.	

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YEAR 2	In this unit, children will take part in a series of lessons where they will: • learn that families are composed of different people who offer each other care and support; • learn how other people show their feelings and how to respond to them; • look at conventions of manners; • develop an understanding of self-respect.	In this unit, children will take part in a series of lessons where they will: • learn about the benefits of exercise and relaxation on physical health and wellbeing; • learn strategies to manage different emotions; • look at setting goals; • learn about developing a growth mindset; • understand the importance of dental hygiene.	In this unit, children will take part in a series of lessons where they will: • develop an understanding of road safety, • develop an understanding of how to stay safe with medicines, • have an introduction to online safety, • learn to distinguish secrets from surprises, • name body parts, • look at the concept of privacy.	In this unit, children will take part in a series of lessons where they will: • learn about rules outside school; • understand the importance of caring for the school and local environment. • explore the roles people have within the local community, • learn how school council works, • give an opinion.	Taught through the RedStart 'Changing the Game' programme, children will learn: • that there are ways of keeping track of their money and what they spend. • to keep simple financial records. • to understand they might run out of money unexpectedly if they don't keep track of it. • that they have choices about saving and spending their money. • they can make a simple plan for their saving and spending choices and stick to it. • to understand that people may make different choices about how to save and spend money. • the difference between needs and wants • to explain the difference between something that they need and something they might want • that their own needs and wants may be different to those of other people • to understand that we might not always be able to have the things we want	In this unit, children will take part in a lesson to help them with their transition to Year 3, and the changes that may come with this move.

	Family and Relationships	Health and Wellbeing	Safety and the Changing Body	Citizenship	Economic Wellbeing	Transition
YEAR 3	In this unit, children will take part in a series of lessons where they will: • learn how to resolve relationship problems; • learn effective listening skills; • learn about non-verbal communication; • looking at the impact of bullying and what action can be taken; • explore trust and who to trust; • learn that stereotyping can exist.	In this unit, children will take part in a series of lessons where they will: • understanding that a healthy lifestyle includes physical activity, a balanced diet, and rest and relaxation; • explore identity through groups we belong to; • explore how our strengths can be used to help others; • learn how to solve problems by breaking them down into achievable steps.	In this unit, children will take part in a series of lessons where they will: • learn about cyberbullying; • learn how to be good digital citizens; • understand how to help someone if they have been stung or bitten; • understand how to be safe near roads; • think about choices and influence.	In this unit, children will take part in a series of lessons where they will: • learn about children's rights; • explore why we have rules; • find out about the roles of local community groups, charities; • find out about recycling; • have an introduction to local democracy.	Taught through the RedStart 'Changing the Game' programme, children will learn: • to describe some different jobs and understand why some pay more than others. • to explain some benefits of using a bank account • to plan and track their saving and spending by keeping simple records • that they might need to save money to buy things they want • that decisions they make about their money can be influenced by others • how to keep track of their money and why this is important • the difference between needs and wants • to make spending decisions by prioritising their needs and wants • to understand why they might, or might not, want to give money to help others • to explain some benefits of using a bank account (recap) • to plan and track their saving and spending by keeping simple records (recap) • to plan and track their saving and spending by keeping simple records (recap) • that different people have different feelings and attitudes about money • how to handle money based on their needs and wants • how to consider other people's opinions when handling money	In this unit, the children will take part in a lesson to help them prepare for the transition to Year 4 and the changes that come with this.

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YEAR 4	In this unit, children will take part in a series of lessons where they will: • learn that families are varied and differences must be respected; • understanding physical and emotional boundaries in friendships; • explore the roles of bully, victim and bystander; • explore how behaviour affects others; • explore manners in different situations; • learn about bereavement.	In this unit, children will take part in a series of lessons where they will: • develop emotional maturity; • learn that we experience a range of emotions and are responsible for these; • learn to appreciate the emotions of others; • develop a growth mindset; • identify calming and relaxing activities; • develop independence in dental hygiene.	In this unit, children will take part in a series of lessons where they will: • build an awareness of online safety and the benefits and risks of sharing information online; • identify the difference between private and public; • understand age restrictions; • explore the physical and emotional changes in puberty; • explore the risks associated with tobacco; • know how to help someone with asthma.	In this unit, children will take part in a series of lessons where they will: • learn about human rights; • learn about caring for the environment; • explore the role of groups within the local community; • appreciate community diversity; • look at the role of local government.	Taught through the RedStart 'Changing the Game' programme, children will learn: • that if people don't have enough money to buy something they need, they may have the choice to borrow money • that when people borrow money, they must pay it back • that if people don't repay the money they borrow, there could be consequences • to consider how people might feel when they borrow money. • to list different payment methods and understand when to use them • to prioritise between needs and wants • that adults may have the choice to borrow money using a credit card • to understand the consequences of borrowing money • that they may need to save up to buy things that they want.	In this unit, children will take part in a lesson to prepare them for the transition into Year 5 and the changes, challenges and opportunities this brings.

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YEAR 5	In this unit, children will take part in a series of lessons where they will: • develop an understanding of families, including marriage; • understand what to do if someone feels unsafe in their family; • learn that dealing issues can strengthen a friendship; • explore the impact of bullying and what influences a bully's behaviour; • learn to appreciate our individual positive attributes.	In this unit, children will take part in a series of lessons where they will: • learn to take greater responsibility for sleep, sun safety, healthy eating and managing feelings, • learn how to set goals, • learn how to embrace failure; • understand the importance of rest and relaxation.	In this unit, children will take part in a series of lessons where they will: • explore the emotional and physical changes of puberty, including menstruation; • learn about online safety; • learn about influence; • learn strategies to overcome potential dangers; • learn how to administer first aid to someone who is bleeding.	In this unit, children will take part in a series of lessons where they will: • have an introduction to the justice system; • learn how parliament works; • learn about the role of pressure groups; • learning about rights and responsibilities; • learn about the impact of energy on the planet; • find out about how to contribute to the community.	Taught through the RedStart 'Changing the Game' programme, children will learn: • that advertising is used to persuade people to spend money. • to recognise when choices around money are being influenced by advertising. • to understand why we should all be critical consumers, thinking carefully about how we use our money. • to understand that the choices they make about work and money will affect their life. • to understand why and how some of the money we earn supports the wider community. • to understand it is important to consider any risks and potential consequences before borrowing money, including the impact on their feelings and those of others. • to understand why we should all be critical consumers, thinking carefully about how we use our money. • to understand the effect money can have on people's emotions. • to understand that planning their spending helps them to stay in control of their money	In this unit, children will take part in a lesson to prepare them for the transition to Year 6 and the opportunities and responsibilities this brings.

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YEAR 6	In this unit, children will take part in a series of lessons where they will: • learn to resolve conflict, through negotiation and compromise; • learn about respect; • understand that everyone deserves to be respected; • learn about grief.	In this unit, children will take part in a series of lessons where they will: • learn about diet, oral hygiene, physical activity and the facts around immunisation; • explore rest and relaxation and how they affect physical and mental health; • develop strategies for being resilient in challenging situations; • plan for long-term goals.	In this unit, children will take part in a series of lessons where they will: • learn about the reliability of online information; • learn about the changes experienced during puberty; • learn about how a baby is conceived and develops; • learn about the risks associated with alcohol; • learn how to administer first aid to someone who is choking or unresponsive.	In this unit, children will take part in a series of lessons where they will: • learn about human rights; • learn about food choices; • learn about the environment; • learn about caring for others; • recognise discrimination; • value diversity; • value national democracy.	Taught through the RedStart 'Changing the Game' programme, children will learn: • that different people associate different feelings toward money. • that people will react differently to situations based on their experience of money. • that there are many reasons why people spend money. • why it is important to understand why you are spending money. • that they can earn money when they save it in a bank • that the longer they leave money in the bank, the more money they earn • to use the term interest to describe this additional money • that working can earn them money. • that goal setting can help motivation • that often risky activities have high reward. • to describe what is meant by borrowing and lending. • to consider different factors when taking decisions on borrowing and lending.	In this unit, children will take part in lessons on the theme of personal identity and body image. Transition In this unit, children will take part in a series of lessons to help prepare for the transition to secondary school, including exploring any worries or anxieties they may have.