

Menu

Week 1



SEPTEMBER
PEARS

OCTOBER
SQUASH

NOVEMBER
APPLES

DECEMBER
**BRUSSEL
SPROUTS**

Look for this logo on
the menu to try a
yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Sweetcorn Penne
Pasta with Garlic
Focaccia
(G,Mk)

Pepperoni Pizza
(G,Mk,E,So)

Chicken Sausage
Toad in the Hole
with Gravy
(G,E,Mk,Su)

Chicken Tagine
(G)

Fish Fingers with
Tartar Sauce
(G,F,E)

Veggie

MEAT FREE MAINS

Roasted Vegetable
and Sweetcorn Pie
(G,E,Mk,Ce)

Margherita Pizza
(G,E,Mk,So)

Vegetable Sausage
Toad in the Hole with
Gravy
(G,E,Mk)

Sweet Potato and
Butternut Squash
Tagine
(G,Mu,So)

Veg Finger with
Tartar Sauce
(G,E,Su)

veg

EXTRA GOOD

Broccoli
Green Beans

Garden Salad

Carrots
Steamed Green
Beans

Roasted Cauliflower
Red Onion and
Courgettes Sauté

Baked Beans
Peas

Carbs

FUEL FOOD

Roast New Potatoes

Wedges

Mashed Potato

Brown and White
Rice

Chips

Dessert

SOMETHING SWEET

Fresh Fruit
Platter

Flapjack
(G)

Fruity Jelly

Jam Sponge
(G,E,Mk)

Fruit Jelly
Yoghurt
(Mk,So)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

WC 01/09/25, 22/09/25,
13/10/25, 10/11/25, 01/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



Menu

Week 2



Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Vegetable Bolognaise
Pasta Bake
(G)

Soft Tacos and
Slow Cooked
Beef With Salsa
and Sour Cream
(G,Su,Mk)

Roast Chicken With
Gravy

Lamb and Pea
Keema Curry

Battered Pollock
with Lemon Wedge
(E,G,F)

Veggie

MEAT FREE MAINS

Vegetable Bolognaise
Pasta Bake
(G)

Veggie Quesadilla
With Sour Cream
and Salsa
(G,Ce,Mk,Mu)

Roasted Vegetable
Crumble
(G,Mk,Mu)

Eat Curious
Vegetarian Curry

Cheese and Tomato
Frittata
(E,Mk)

veg

EXTRA GOOD

Steamed Broccoli

Coleslaw
(E)

Courgettes

Green Beans

Garden Peas

Chefs Salad

Sweetcorn

Roasted Carrots

Cauliflower

Baked Beans

carbs

FUEL FOOD

Garlic Bread
(G)

Long Grain Rice

Roasted Potatoes

Brown and White
Rice

Chips

Dessert

SOMETHING SWEET

Fresh Fruit
Platter



Pear and
Chocolate
Sponge
(G,E,Mk)



Fruity Jelly

Choc Chip Cookie
(G,E,So)

Ice Cream Pots
(Mk)



Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

WC 08/09/25, 29/09/25,
20/10/25, 17/11/25, 08/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



Menu

Week 3



Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Penne Pesto Pasta
(G)

Mild Chicken Curry

Roast Turkey Breast
with Gravy and
Cranberry Sauce

Chicken Banger Hot
Dog With Onions
and Ketchup
(G,Su,Se)

Baked Battered Fish
with Lemon Wedges
(G,F)

Veggie

MEAT FREE MAINS

Penne Pesto Pasta
with Green Beans
and Black Olives
(G)

Mild Vegetable
Curry

Eat Curious and
Vegetable
Wellington served
with Gravy
(G,E)

Vegetable Sausage
Hot Dog Topped
With Cheese
(G,Mk,Se)

Vegetable Finger
(G,Su,)

veg

EXTRA GOOD

Sweetcorn

Cauliflower

Green Beans

Roasted Peppers

Garden Peas

Steamed Carrots

Roast parsnips

Baked Beans

carbs

FUEL FOOD

Garlic Bread

Biryani Rice


Roasted New
Potatoes


Potato Wedges

Chips

Dessert

SOMETHING SWEET

Fresh Fruit
Platter 

Apple Crumble
(G) 

Fruity Jelly

Lemon Short Bread
(G)

Fruit Jelly Yogurt
(Mk,So)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Dates

WC 15/09/25, 06/10/25,
03/11/25, 24/11/25, 15/12/25

Allergens

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

